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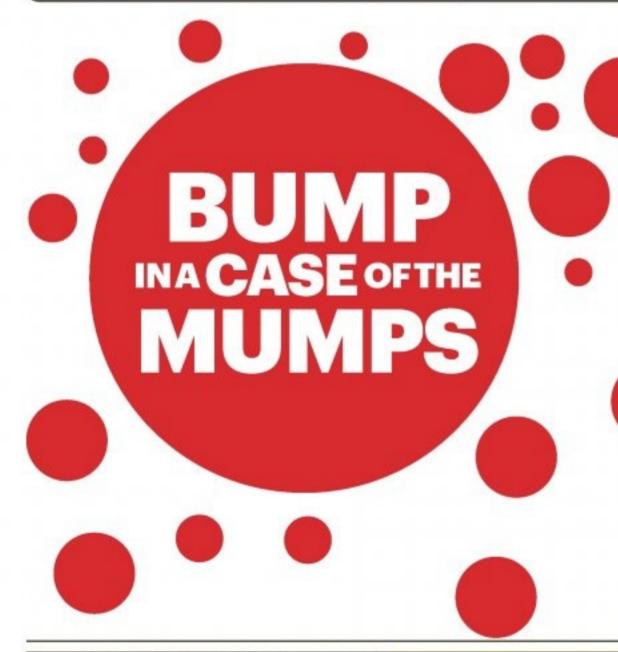
It was a metaphor so literal, if it was a movie you'd throw popcorn at the screen.

The walking embodiment of old Hollywood and white privilege, frozen in bewilderment, allows a cadre of white males to think they've won for a light-hearted confection about cute white dreamers in L.A. And then we all watch as they physically transfer the statuette to a female producer and a black director for their intimate movie about a black gay man. "I'm going to be really proud to hand this to my friends from Moonlight," Horowitz said gracefully.

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Health officials take wait-and-see approach as number of confirmed cases in Manitoba hits 176

Braeden Jones Metro | Winnipeg

The number of mumps cases confinue to steadily climb in Manitoba, but experts say there's not much that can be done about it.

There have been around 80 new cases reported between December 2016 and February to date, bringing this outbreak's total to 176 confirmed cases.

Winnipeg Regional Health uthority (WRHA) medical officer Dr. Bunmi Fatoye said the current outbreak is a continuation of one that began in Winnipeg "way back in October of last year (2016)."

The response from Manitoba Public Health and the WRHA included "public communication, media awareness and education to health-care providers."

Beyond that, "we just have to wait and see, and have it kind of die off pared statement, and Manitoba's on its own."

Dr. Fatoye said it's typical for an outbreak to persist despite efforts

because of the pervasive nature of the disease. It spreads easily and "has a long incubation period," which means symptoms take a long time to present themselves.

"As long as there are (new cases), as long as there is transmission, you can expect to see cases coming up," Dr. Fatoye said.

Dr. Fatoye added that outbreaks tend to circle around sports teams, workplaces, and schools.

"We've communicated with schools, we communicated with universities, colleges, sports organizations," she said

Winnipeg School Division spokesperson Radean Carter said there were "more than a dozen cases" around Grant Park High School in January, "but it's slowed down there since

In December, there were "a number of students" diagnosed with mump at the University of Manitoba For Garry Campus, according to a pre only Western Hockey League team, the Brandon Wheat Kings, also saw a member of their organization diagnosed with mumps.

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But the U of M, as well as the U of W and other colleges, schools and sports teams, all had mumps preventative information before the outbreak continued.

Dr. Fatoye said as long as there is a "good number of susceptible people," that's how mumps outbreaks will go.

"Vaccines prevent infection. If you have 100 per cent vaccine coverage, there's no susceptible person," she said, noting that's not often the case in any of those hot spots or in the general population. "If the vaccine has 85 per cent coverage, 15 per cent are still susceptible."

She clarified that "no two outbreaks are ever the same," and the saving grace in this case is that the confirmed cases "tend not to be complicated."

"That's very reassuring," Fatoye said. "We're not finding people developing complications and landing in hospitals. The severity has been low to date."

Plus: Manitoba isn't the only province with mumps patients, metroLIFE



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Mayor's speech shows status quo here to stay

INSIDE THE PERIMETER

Shannon VanRaes



In some ways Mayor Brian Bowman's annual state of the city address was like an Oscar acceptance speech — too long, with too many thank yous and too much name-dropping.

Where the two genres diverge is that at least some Oscar acceptance speeches actually touch on government policy in a meaningful way.

The same could not be said for the dry accumulation of statements Bowman strung together at the annual event, which sees Winnipeg's business elite shell out for a pricey luncheon and the privilege of being addressed by the mayor. Full of apparent contradictions, the 45-minute speech gave little indication of an overarching vision for the city and nothing to suggest a shift away from the status quo.

While Bowman did speak to the recent hiring of an integrity commissioner, the self-congratulatory overtures rang hollow given his silence on the new Winnipeg police headquarters during the address, which is the subject of an ongoing RCMP investigation and a call for a provincial inquiry. The continued secrecy around the departure of former CAO Deepak Joshi — despite his senior role and massive severance payout - also leaves one doubting Bowman's commitment to transparency, regardless of how many documents the city now posts

online.

Promises to tackle red tape at city hall raise a red flag in the openness department as well. With a history of questionable development and business deals to its credit, the last thing Winnipeg needs is the possibility of less oversight or a weakened regulatory framework.

Something about Bowman telling a business audience that "I can work with council to remove obstacles to your success" leaves gaping questions about what that really means for the rest of us Winnipeggers.

Perhaps the only new policy the mayor really touched on was his intention to help welcome the ridesharing service Uber to the city. Hardly a cutting-edge announcement for man who touts his love of innovation the company has been around since 2009 and entered the Canadian market years ago. And while Bowman promised to work with the provincial Taxicab Board to facilitate ridesharing, he didn't acknowledge any of the obvious roadblocks such a move would face or put forward any solutions. Nor did he touch on the safety and labour issues that have dogged Uber over the years.

Finally, despite a massive budget shortfall for 2017, Bowman committed to further business tax reductions. But how the city will compensate for that lost revenue was not made clear.

What was clear is that Bowman isn't out to rock the boat or leave the comfort of the box. If change is in this city's future, it isn't going to come from city hall.



Bill Fugler, owner of the Neighbourhood Bookstore and Cafe. LYLE STAFFORD/FOR METRO

Sewer bylaw saga comes to an end

Mayes defends choice to sit on organics pickup

FOOD SERVICE

Committee rejects café owner's appeal



WASTE

Stephanie Taylor Metro | Winnipeg

The owner of a Wolseley café and bookstore is allowed to operate without a grease trap, so long as all food is served on plastic plates. Bill Fugler of the Neighbourhood Bookstore and Cafe has been embroiled in a seven-year battle against city hall for enforcing a bylaw that states he must install a grease trap because his business serves food.

Under the city's sewer bylaw, all food service establishments must have a grease trap in order to prevent sewer backups.

Fugler has argued that's unnecessary for his cafe because all food is prepared off-site and produces no fat. In September 2016, he signed a waiver that granted an exemption from having to install a grease interceptor with special conditions.

On Monday, Fugler appeared before the city's water and waste committee to appeal one of the conditions that states he must use plastic cutlery and plates and cups for food service.

"We now produce five times the garbage," he told committee councillors Brian Mayes, Ross Eadie and Scott Gillingham.

"We produce a huge amount of disposable garbage that we don't need. This is a real problem for the city, for the environment, and for business — and it's unnecessary." Fugler also highlighted the extra waste is a problem because Wolseley is the "granola belt" of the city.

The committee unanimously rejected his appeal.

"They can solve it by having the grease interceptor installed and they would never have to use disposable again," said Mayes, who chairs the committee.

He also expressed concern the precedent it would set for other restaurants that may fight the conditions of future waivers and more grease gets dumped into the city's sewer system.

RIVER

Flooding risk still high

There is a significant risk of flooding in southern Manitoba this spring, although the rising water may only cover some farmland and spare major roads and communities, the provincial government said Monday.

Soil moisture remains very high following a wet fall, and river and lake levels are above normal in some areas, the government said in its first flood outlook of the year. On the plus side, two recent mild spells have melted a lot of snow upstream, leaving less to come in the spring.

"We had two mild spells followed by cold spells," said Infrastructure Minister Blaine Pedersen. "Our information suggests much of the snow ... south of Grand Forks, North Dakota is now gone." The government stressed Monday that everything will depend on the weather in the coming weeks. But with average conditions, major roads such as Highway 75—the main link between Winnipeg and the United States —should remain dry. In 2011, a particularly bad year, the highway was closed for 28 days.

The outlook issued Monday said there is a risk that some areas along the Red, Souris, Pembina, Roseau and Lower Assiniboine rivers will see flooding, but little chance of the type of flooding seen in 2011. That spring, hundreds of Brandon residents were evacuated from a low-lying neighbourhood as a precaution and hundreds of soldiers were brought in to help shore up dikes downstream. THE CANADIAN PRESS

A Winnipeg councillor is defending a committee's decision forward a revised

to move ahead on a review of the city's waste management, effectively delaying a curbside green bin program.

On Monday, the water and waste committee unanimously voted to hire a consultant to evaluate the city's current garbage and recycling pickup service, which is guided by a 2011 policy.

A staff report recommends the introduction of any new service — for example, organics collection — should be put off until the review is finished in 2018.

Last spring, city council voted

for water and waste staff to bring forward a revised public engagement plan for compost pick-up.

"It isn't a stall tactic," said Coun. Brian Mayes, who chairs the committee.

He defended the approach by explaining staff will look at the issue of reducing the city's output of greenhouse gases beyond solid waste diversion.

"It isn't just compost or organics that cause greenhouse gas," said Mayes.

He cited figures that show 40 per cent of greenhouse gas emissions in Manitoba are produced by vehicles, and pointed to the city's construction of bus rapid transit as one green initiative.

Mayes also said it's worth waiting to see how the provincial and federal governments decide to roll out a carbon tax and what that would cost the city.

"If we only do the compost and parade around saying we're great champions of the environment I don't think we're looking at it in a broad context."

"Yeah, other cities do the organics, I'm not convinced that's the best bang for our buck."

Before the Monday vote, Mayes said the consultant would "inevitably" touch on curbside compost pickup in the review.

He added that city staff are also

working on a plan to roll out a separate set of consultations for the development of a community-wide climate change action plan, which will give residents a chance to talk about organics collection if they so choose.

"It would be environmentally advantageous to move forward with some sort of organics program and we'll get some recommendations on that, however, let's keep our eye on the bigger picture here," said Mayes.

According to the water and waste department, organics comprise 40 per cent of the household waste residents toss out.

STEPHANIE TAYLOR/METRO

Your essential daily news

Trump brand in hot water over inaccurate tweet about new Vancouver tower.



Malcolm X, Martin Luther King Jr. and James Baldwin in the Magnolia Pictures release I Am Not Your Negro. COURTESY MAGNOLIA PICTURES

'We want to really get people questioning'

If Alexa Potashnik made you feel uncomfortable when talking about race during this month, then the considers that the sign of a job well done. The advocate says that's what Black History Month should be about.

JESSICA BOTELHO-URBANSKI/FOR METRO WINNIPEG

As Black History Month draws to a close, Winnipeggers are preparing for a final local event on Tuesday - a sold-out double screening of the Oscar-nominated documentary I Am Not Your Negro at Cinematheque.

Between screenings, Alexa Potashnik will moderate panel discussions.

In an interview Monday, Potashnik — founder of Black Space Winnipeg and beat-boxes under the alias MC Woke said making people uncomfortable is necessary to combat racism.

"I say uncomfortable specifically when we're speak-

ing in racial discourse, in hierarchies of race and power. People are bound to get uncomfortable when you're talking Alexa about race and white



Potashnik

people specifically, because they're in a room that's chal-

lenging their identity and their privilege for once," she said.

"We want to really get people questioning, well why did you feel uncomfortable?" Potashnik said. "It turns a lot of people off, but I'm kind of past the point of having conversation that's diluted."

I Am Not Your Negro is a documentary directed by Raoul Peck and narrated by Samuel L. Jackson that revisits the Civil Rights Movement through the lens of acclaimed author James

The screenplay was adapted from the beginnings of a novel Baldwin intended to complete before his death in 1987. Remember This House would have chronicled the assassinations of three of Baldwin's close friends - Medgar Evers, Malcolm X and Martin Luther King Jr.

"It's about contemporary racism in America, but those narratives in the film are universal for all black people in Western society," said Potashnik.

Kelechi Asagwara, co-found- representing in droves.

er of ÉZÈ Studio, said he's excited to catch the movie. He had a busy February planning ÉZÈ Studio's first-ever Black History Month event. The organization is focused on promoting black businesses, arts and culture.

Last week, they hosted Black Leaders of Tomorrow at Fleet Galleries, showcasing spokenword poets, musicians, artists and community activists.

At the Black History Month events he attended this year, Asagwara said youth were

"It definitely seemed like younger generations are getting more directly involved not just with attending, but with participating and doing things," he said.

Showing support by attending events during Black History Month is important, Asagwara said, and so is coming to them with an open mind.

"I think it's more about understanding a broader context of the country you live in, because black history is part of your country's history," he said.







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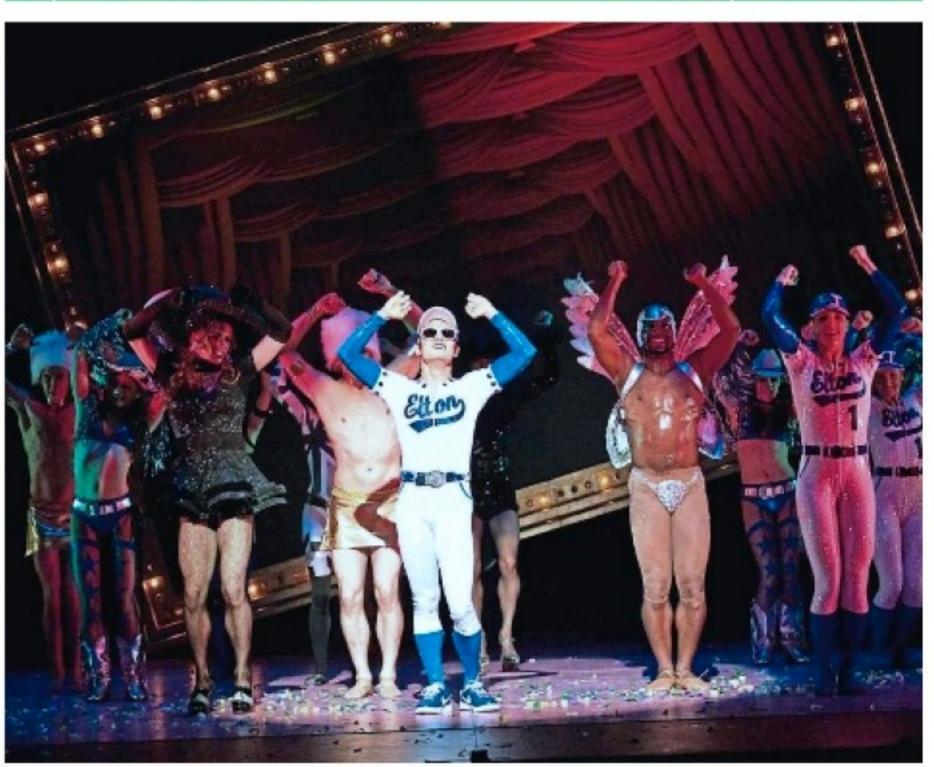
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Canada's Royal Winnipeg Ballet is presenting Love Lies Bleeding at Centennial Concert Hall in March. CHARLES HOPE

Alberta ballet an ode to Elton John



After four years away, Catherine Rutherford is making a hometown comeback onstage with the Alberta Ballet showcasing - of all things - her inner demon.

Canada's Royal Winnipeg Ballet is presenting Love Lies Bleeding by the Alberta Ballet from March 1-5 at the Centennial Concert Hall.

The multimedia production is an ode to Sir Elton John and his songwriting partner Bernie Taupin, boasting 14 of their hits and lesser-known gems, and getting the stamp of approval from the flamboyant singer himself.

Rutherford is among a handful of the Alberta Ballet's dancers who are alumni from the RWB. She described Love Lies Bleeding as "very dark" and "seductive."

The story follows a main character, Elton Fan, through

a series of life obstacles and battles with his inner demons, namely addictions to drugs and suppressing his homosexuality. Rutherford plays one of the nasty demons, figuratively

"I really love my role as playing one of the demons. I think my favourite song that we perform is Have Mercy on the Criminal," she said. "I think it's when the demons get to be the most evil and it's really a kind of pinnacle moment for the Elton Fan character."

Elton John approached the Alberta Ballet himself after hearing about the company's 2007 production of The Fiddle and the Drum, which focused on Joni Mitchell's music.

"It tells you a lot about a pop singer when he comes into town and he wants to know who the ballet dancers are and what they've been doing," said artistic director Jean Grand-Maître, who choreographed Love Lies Bleeding.

The company rushed a DVD of their Mitchell performance over to the rock star while he was touring in Calgary. He liked what he saw and a few months later, Grand-Maître was visiting the bathrobe-clad performer during a break in his shows in Las Vegas. They brainstormed ideas for his own custom production.

Grand-Maître — who has also choreographed dance collaborations with Sarah Mc-Lachlan and k.d. lang - said he doesn't like starting to plan numbers before meeting the celebrities they're about.

When they met, John encouraged him to focus on the good and the bad elements of his life story.

"He said to me, 'Well the fact is, I almost died quite a few times (after battling ad-dictions)," Grand-Maître remembered. "He's one of those pop singers who survived and didn't just die in a gutter. This is what I thought was fascinating."

"What was interesting is he didn't want me to talk about his triumphs and his big successes, 40 million albums there and 30 million albums here. No, he wanted to talk about the causes he's raising money for today, which are addictions, eating disorders, alcoholism, repression (and) bullying."

John gave Love Lies Bleeding his stamp of approval, allowing the Alberta Ballet to take the show on the road.

Audiences can expect Broadway influences, pointe work, "Cirque du Soleil-type flying" and pure cabaret and jazz influences, Grand-Maître said, with some drag queens, gladiators and "all kinds of erotic figures appearing," too.

"If you're not provocative, you've missed the boat," the choreographer said. "(John) is so over the top that we were allowed to do whatever we wanted and it kind of works

Tickets are available at www. rwb.org, in person through the RWB Customer Service Office (380 Graham Avenue) or by calling 204-956-2792.

Suds on the side: Annual relay event adds beer mile sideshow

CHARITY

Boozy race will take place with Great Grain Wellness event



Braeden Jones Metro Winnipeg

Blame Corey Gallagher. David Hooper, race director of the Great Grain Wellness Relay, said Gallagher is more than partly responsible for a beer mile relay race being officially added to the event for the first time in its 35year history.

"The beer mile has been getting a lot more exposure after (Gallagher) won the world record," he said. "He certainly gave the event exposure across Canada but especially in Winnipeg."

In 2015, Gallagher, who is from Winnipeg, set the world record of 4:54.38 in the event, which involves chugging a beer before each of four 400-metre laps around

His record has since been eclipsed (4:34.35 is the new record), but he was second in the world at the last World Championship Beer Mile event, finishing in 4:48.62.

"That's when I started thinking about adding it (to the relay)," Hooper explained.



Winnipegger Corey Gallagher at the World Beer Mile Championship. CONTRIBUTED

The Great Grain Wellness Relay first took to the then-newly constructed Max Bell Centre track in 1983, where it's still held today in order to bring runners together in advance of spring road

The relay itself pits teams

The beer mile has been getting a lot more exposure after Gallagher won the world record. David Hooper

counter) against each other in a two-hour-long race of team that runs farthest wins.

of five runners (and one lap successive 800-metre efforts from each team member. The

Hooper said there's a "light social fundraiser" and beer garden afterwards, but normally a bit of a lull between the relay and that frivolitythe beer mile relay he's adding is "a bit of an extra time filler."

"It's like a putting contest at that point."

WHEN & WHERE

The 35th annual Great Grain Wellness Relay will take place at the Max Bell Centre at the University of Manitoba on March 11.

at a golf tournament, just a fun, novel event," he said.

Last year Hooper piloted the two-person beer mile relay, which splits the work Gallagher and true beer milers do between two runners.

It's still a mighty challenge to run fast with a belly full of beer, but Hooper said "luckily" no one saw their beer twice last year.

"We had the buckets strategically placed around the track but nobody found the need to use them," he said, noting keeping last year's iteration on the "down low" helped organizers cut their teeth and learn the logistics of hosting the zany event without a hitch.

In order to run the beer mile relay, runners have to be a part of a main event relay team and pay an added fee, which, like the rest of money raised, helps to support Kidsport Winnipeg.

Hooper said that was the best way to set it up.

The runners might be sore, "but they're already thirsty



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Manulife in trouble

Bank fined \$1.2 million by laundering watchdog

It took 10 months of intense media scrutiny and public outrage before Canadians learned Manulife Bank was the mysterious financial institution behind a \$1.2 million fine for money-laundering violations.

The same day Manulife's identity was kept secret, a handful of much smaller companies facing much smaller fines - were publicly named and shamed by FINTRAC, the country's moneylaundering and terrorist funding watchdog. That confusing double standard has now triggered a review of FINTRAC's disclosure policy amid a Torstar/National Observer investigation.

"In exercising my discretion to withhold the name of the bank, I understand that it may not have met public expectations in relation to openness and transparency," wrote Gérald Cossette, FINTRAC director, in a statement.

The carefully-worded statement still makes no reference to the bank at the centre of the controversy - an expression of the agency's uneven transparency model since its birth in 2008.

Over the past eight years, FINTRAC has named 40 companies for violating the law while keeping secret another

As part of the Torstar/National Observer investigation over the past two months, re-

porters attempted to identify the bank by surveying all 32 Schedule I banks in Canada, asking them to clearly state whether they were the bank involved.

While almost all the banks responded unequivocally, Manulife wrote last Wednesday: "We do not comment on any matters regarding our regulators, whether they are rumour, speculation or fact."

On Monday, Manulife issued a public statement confirming it was the mystery bank in question.

Over the last three months. Torstar and the National Observer have published exclusive details about the offences behind the fine. Among those findings:

Manulife failed to report one suspicious transaction to Fintrac — labelled a "very serious" violation - that experts say undermines Canada's system to detect financial crimes and trace dirty money.

The bank also failed to report 1,174 outgoing international electronic transfers of \$10,000 or more, 45 deposits of \$10,000 or more in cash and four incoming international electronic transfers of \$10,000 or more.

Fintrac documents obtained by Torstar and the National Observer also show Manulife's fine, which was reduced twice from an initial \$1.8 million, was for five different types of violations of anti-money laundering and anti-terrorism financing law, involving a failure to report transfers totalling at least \$12.2 million.

Manulife was also fined for failing to "develop and apply compliance policies and procedures."

TORSTAR NEWS SERVICE



A man wearing an oversized Donald Trump head protests outside the still-under-construction Trump International Hotel and Tower on Wednesday Oct. 5, 2016. DARRYL DICK/THE CANADIAN PRESS

VANCOUVER

Trump Organization tweets wrong facts



David P. Ball Metro Vancouver

President Donald Trump's sons may have taken over the reins of his international company following his U.S. election win amidst ongoing concerns about potential conflicts of interest.

But that didn't stop Trump Organization, which the President

still owns but doesn't manage, from apparently inheriting its namesake's appreciation for what have become known as "alternative facts."

On Monday, a day before Trump International Hotel and Tower official opens in Vancouver with the President's sons Donald Jr. and Eric Trump attending, the company issued an outright falsehood on Twitter.

"Tomorrow marks the official grand opening of @TrumpVancouver," the 6:25 a.m. tweet stated. "The 69-story tower will be the first property to open in the city in over 6 yrs."

The inaccuracy of that claim will be obvious to any Vancouverite who has watched construction sites and cranes spring up in almost every corner of the city in recent years, many projects quickly reaching completion

and opening to residents amidst a real estate boom.

The phrase "alternative facts" was coined by Trump spokeswoman Kellyanne Conway in a television interview, when confronted on lies told by her and the White House about the size of Trump's inauguration crowd.

The Georgia Street tower is set to open Tuesday, and already two separate protests have been announced.

Board diversity is a federal duty, NDP says



Ryan Tumilty Metro Ottawa

As the NDP calls for tougher rules to create more diversity on Canadian boards, a private think-tank warns that forcing gender parity could do more harm than good.

Windsor NDP MP Brian Masse suggested the govern-

ment go further on its gender diversity bill, C-25, calling for a minimum number of women on the boards of Canadian corporations.

The current version of C-25, introduced by the Liberal government, requires corporations work toward gender diversity and disclose the current make-up of their boards.

Data from 2016 shows about 21.6 per cent of board

seats in Canada are filled by women.

"The world is moving quite quickly on this and Canada is a laggard to begin with," said Masse.

Masse said he believes that, as a starting point, corporations should be required to have at least 30 per cent of their board director seats occupied by women.

"Canada would only join

the ranks of more progressive countries on this."

But Andrea Mrozek, program director with the think tank Cardus, suggested mandatory quotas could actually make things more difficult for women on boards.

"It creates a negative work environment whereby people question how a very qualified woman got into management in the first place," she said.

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Strikes and talks persist

Geneva peace talks continue amid recent violence

Airstrikes on Syria's rebelheld Idlib province killed at least 11 people on Monday, opposition activists said, in the latest spasm of violence to mar UN-brokered talks in Geneva between the government and the opposition.

Separately, there were unconfirmed reports that a top al-Qaeda official was killed in an airstrike, also in Idlib.

Also on Monday, pro-government forces drove Daesh militants out of a line of villages in the congested Turkish frontier region, blocking the path of rival Turkish-backed opposition forces from reaching the de facto Daesh capital, Raqqa, opposition activists said.

The SITE Intelligence Group, which monitors extremist groups, said Abdullah Muhammad Rajab Abdulrah-



Syrian men and Civil Defence volunteers extinguish fire after airstrikes in Douma. GETTY IMAGES

man, the deputy to al-Qaeda leader Ayman al-Zawahiri, may have been killed in a U.S. airstrike on an unmarked sedan on Sunday evening. It cited reports circulating on jihadi social media accounts.

Images of the vehicle purported to have been carrying Abdulrahman, known more widely by his nom de guerre Abu al-Khayr al-Masri, showed damage to the passenger compartment of the beige Kia sedan but no damage to the engine block. The roof was blown open on the right side of the vehicle.

The Britain-based Syrian Observatory for Human Rights reported that a top al-Qaida official was killed in a drone strike, but could not confirm it was al-Masri.

Al-Masri was a close associate of Osama bin Laden and was once the chairman of al-

Qaida's management council, according to a Washington Post report.

A senior official in a rival jihadi faction in northern Syria urged caution over the reports, saying other top al-Qaida officials in Syria had staged their own deaths only to defect from the group.

Government forces and allied Hezbollah fighters meanwhile cut an arc through Daesh-held territory to reach independent, Kurdish-led forces near the Euphrates River, effectively preventing Turkish-backed Syrian opposition forces from heading south toward Raqqa.

"The Syrian regime claims it is fighting terrorism but it is not. It cut the path for the Free Syrian Army factions to reach Ragga," said Col. Abu Firas, a spokesman for the Free Syrian Army, a loose alliance of mainstream rebels.

He spoke after an opposition delegation met Monday with UN mediator Staffan de Mistura to continue talks aimed at resolving Syria's six-year-old war. THE ASSOCIATED PRESS

U.S. POLITICS

Tensions with North Korea

U.S. officials huddled Monday with key Asian powers to discuss tensions with North Korea, which have been stoked by a recent missile test and an airport killing officials believe was ordered by Pyongyang.

North Korea's rapid progress toward acquiring a nucleartipped missile that could strike the U.S. mainland poses one of the sternest national security challenges for President Donald Trump, whose administration is currently conducting a policy review on how to deal with the communist government.

On Monday, U.S. Special Representative for North Korea Policy Joseph Yun huddled at the State Department with his Japanese and South Korean counterparts, Kenji Kanasugi and Kim Hongkyun in an effort to get its main allies in Asia to co-operate more closely on security.

Tensions could be set to rise in March when the U.S. begins annual military exercises with South Korea which could cause warlike rhetoric from North Korea.

THE ASSOCIATED PRESS





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Trump refocusing presidency

President Donald Trump's first address to Congress gives him a welcome opportunity to refocus his young administration on the core economic issues that helped him get elected and, his allies hope, to move beyond the distractions and self-inflicted wounds that have roiled his White House.

Trump's advisers say he will use his prime-time speech Tuesday to declare early progress on his campaign promises, including kick-starting construction of his proposed southern border wall, and to map a path ahead on thorny legislative priorities, including health care and infrastructure spending.

"We spend billions in the Middle East, but we have potholes all over the country," Trump said Monday as he previewed the address during a meeting with the nation's governors. "We're going to start spending on infrastructure big."

Republicans, impatient to begin making headway on an ambitious legislative agenda, hope Trump arrives on Capitol Hill armed with specifics on replacing the "Obamacare" health law and overhauling the nation's tax system, two issues he's so far talked about in mostly general terms.

More broadly, some Republicans are anxious for the president to set aside his feuds with the media, the intelligence community and the courts, which have overshadowed the party's policy priorities.

The pressure from Republican lawmakers makes this a critical moment for a new president who ran for office on a pledge to swiftly shake up Washington and follow through on the failed promises of career politicians.

THE ASSOCIATED PRESS

'Nobody from Hollywood' flying around the moon

One giant leap for tourism in 2018, SpaceX promises

SpaceX said Monday it will fly two people to the moon next year, a feat not attempted since NASA's Apollo heyday close to half a century ago.

Tech billionaire Elon Musk - the company's founder and chief executive officer - announced the surprising news barely a week after launching his first rocket from NASA's legendary moon pad.

Two people who know one

another approached the company about sending them on a weeklong flight just beyond the moon, according to Musk. He won't identify the pair or the price tag. They've already paid a "significant" deposit and are "very serious" about it, he noted.

"Fly me to the moon ... Ok," Musk said in a light-hearted tweet following the news conference.

Musk said SpaceX is on track to launch astronauts to the International Space Station for NASA in mid-2018. This moon mission would follow about six months later, by the end of the year under the current schedule, using a Dragon crew capsule and a Falcon heavy



Elon Musk THE ASSOCIATED PRESS

rocket launched from NASA's former moon pad in Florida.

If all goes as planned, it could happen close to the 50th anniversary of NASA's first manned flight to the moon, on Apollo 8.

The SpaceX moonshot is designed to be autonomous -

unless something goes wrong, Musk said.

"I think they are entering this with their eyes open, knowing that there is some risk here," Musk told reporters in the telephone conference, a day after teasing via Twitter that an announcement of some sort was forthcoming.

Musk said he does not have permission to release the passengers' names, and he was hesitant to even say if they were men, women or even pilots. He would only admit, "It's nobody from Hollywood."

The paying passengers would make a long loop around the moon, skimming the lunar surface and then going well beyond, perhaps 300,000 or 400,000 miles distance altogether. It's about 240,000 miles to the moon alone, one way.

The mission would not involve a lunar landing.

"This should be a really exciting mission that hopefully gets the world really excited about sending people into deep space again," Musk said.

NASA will have first dibs on a similar mission if it so chooses, he said. The space agency learned of his plan at the same time as reporters.

In a statement, NASA commended SpaceX "for reaching higher."

In all, 24 astronauts flew to the moon and 12 walked its surface from 1969 to 1972. THE ASSOCIATED PRESS



SpaceX's Dragon capsule sits aboard a ship on Feb. 10, 2015 in the Pacific Ocean west of Mexico's Baja Peninsula after returning from the International Space Station, carrying about 3,700 lbs of cargo for NASA. SPACEX/THE ASSOCIATED PRESS

CRIME

Germany sees 'alarmingly high' number of anti-migrant crimes

Migrants and their homes in Germany faced more than 3,500 attacks in 2016, a number that is "alarmingly high and cause for concern," a German official said Monday, while adding that the crimes are being aggressively prosecuted and the numbers of such attacks are now falling.

Most of the attacks were crimes like vandalism to asylum-seeker homes - including far-right graffiti, threats and slander - but the report also included more serious attacks like arson, bodily harm and attempted murder. It was compiled by the Interior Ministry with information from Germany's 16 states in response to a question in Parliament by the Left party.

"There was a very wide spectrum of crimes ... every one is to be condemned," said Interior Ministry spokesman Johannes Dimroth.

The attacks led to 560 people being injured, including 43 children. Overall, 2,343 suspects were identified and investigated, according to the new report.

Comparison figures for previous years haven't been compiled but Dimroth said after 2016 the "trend is downward ... which gives us a little bit of hope."

Germany took in 890,000 asylum-seekers in 2015, and the influx caused a backlash and a rise in anti-immigrant sentiment. which was most pronounced in eastern parts of the country.

The government has invested more resources into fighting xenophobic crimes, but the new figures show more needs to be done, said Gauri van Gulik, deputy Europe director of Amnesty International.

"We need to see better risk assessments, more protection at certain locations, thorough investigations and prosecutions of these appalling racist attacks to stop them in the future," van Gulik said.

Dimroth said, in addition to government policies and police enforcement, it's up to society in general to fight racism, saying it's impossible to just "ban" extremism.

The number of asylum-seekers in Germany tapered off to 280,000 in 2016. With the decrease, and more intensive government efforts to rapidly send home those whose applications are rejected, anti-immigrant sentiment has tapered off somewhat.

THE ASSOCIATED PRESS



Women from Afghanistan, who preferred not to show their faces to the camera, attend a class offering literacy and basic computer knowledge in Berlin, Germany, GETTY IMAGES

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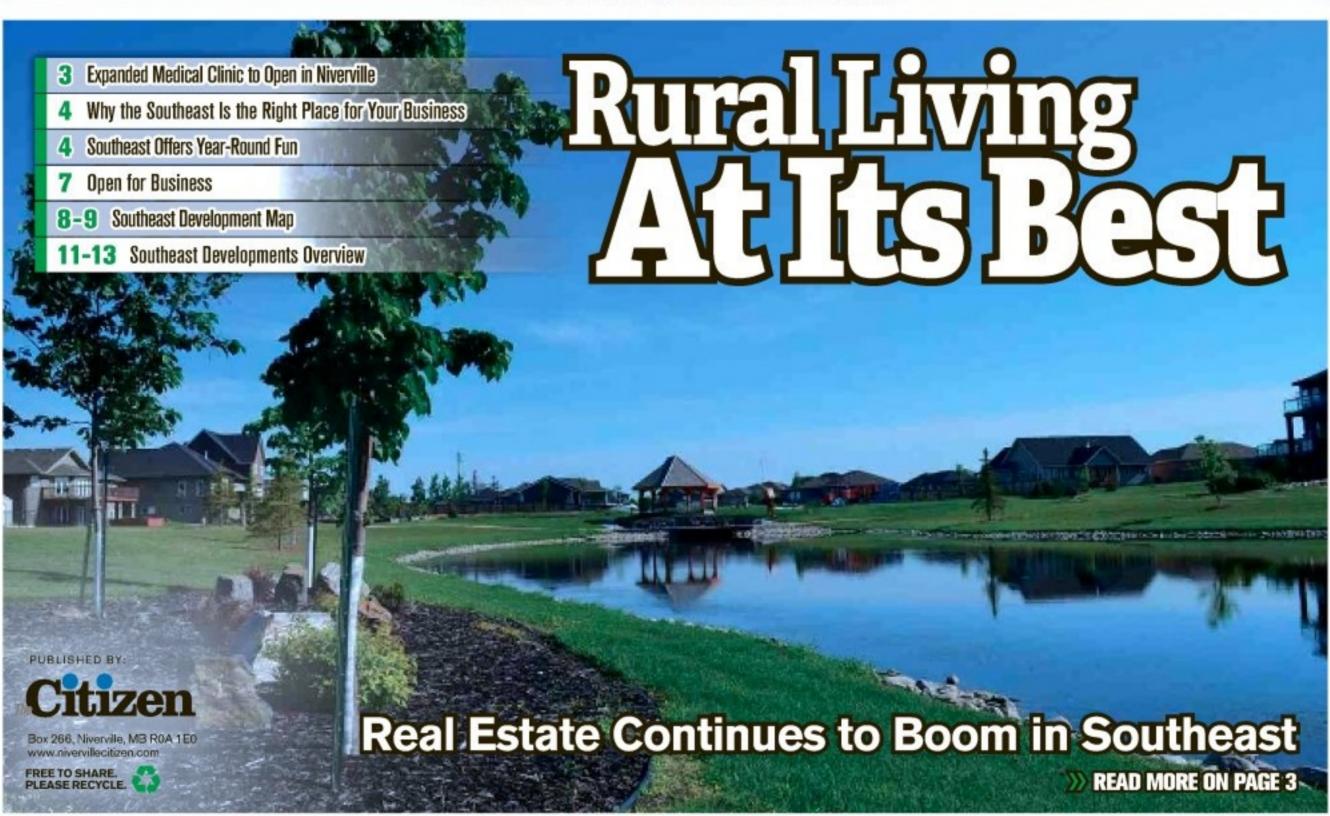
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Real Estate Continues to Boom in Southeast

By Brenda Sawatzky

bsawatzky@nivervillecitizen.com

There's no question that real estate in southeast Manitoba is booming. According to the Canadian Real Estate Association, 2017 will be no different. While some provinces are levelling off, Manitoba's real estate sales are expected to climb by four percent.

There's also a growing trend of families relocating from urban centres to rural communities. David Z. Morris, in an article entitled Why Millennials Are About to Leave Cities in Droves for Fortune.com, says, "As businesses and governments have struggled to understand the so-called millennialsborn between roughly 1980 and 2000-one frequent conclusion has been that they have a unique love of cities. A deep-seated preference for night life and subways... But there's mounting evidence that millennials' love of cities was a passing fling that became a shotgun wedding thanks to the Great Recession."

Morris adds that recent economic recessions has brought on poorer job prospects, declining wages, and higher student debt loans, making it unaffordable for



Tourond Creek development in St. Adolphe.

R.M. OF RITCHOT

many of them to own nicer homes in more affluent neighbourhoods.

Realtors here agree, and this is substantiated by recent census results showing significant increases in the southeast's rural population.

"Overwhelmingly much of the feedback we get when selling homes in the area comes down to value," says Wes Dowse of Sutton Group. "There is a lot of value to be found in [the rural] market. Homes typically cost less for more house in southern Manitoba. This is very visible when you compare new builds. Typically, a buyer gets a larger lot, a better view from their yard, more included features that they pay extra for in Winnipeg, and a more attractive product. The taxes are slightly less to boot. In addition, people do like the small-town atmosphere and community vibe,

which is something that I speak to when introducing people to smalltown life."

Katie Knebel of Royal LePage Riverbend Realty adds that others are leaving to get away from the city's noise pollution or as a result of positive references from friends who have made the move.

"I would say that the majority of buyers moving to [southeast communities] are from Winnipeg," says Knebel. "However, we are seeing a lot more buyers being relocated from out of province for work in Winnipeg or surrounding areas. The out-of-province buyers are looking for a small-town feel. Somewhere safe to raise their families. They want to be close to work but don't want to live in a large city."

Winnipeg's introduction of growth fees may fuel new homeowners' desire to look outside the city. Beginning in May 2017, residential builders in new and emerging Winnipeg neighbourhoods will be required to attach growth fees to the cost of their homes.

"Winnipeg is implementing a \$500 growth fee for every 100 square feet of a new-build home or a re-build home in Winnipeg," says Knebel. "This money will go towards sewers, sidewalks, police stations, and community centres, to list a few examples. Winnipeg is saying property taxes are not enough to build all these needed neighbourhood essentials. To break it down, if you were building a moderate 1,500-square-foot home in Winnipeg, you would have an additional \$7,500 in taxes to pay."

Growth fees are not uncommon in cities across Canada. So far, rural communities are typically free of such fees, presumably because urban sprawl is not a concern here.

CITATION

David Z. Morris, Fortune, "Why Millennials Are About to Leave Cities in Droves." March 28, 2016 (www.fortune.com/2016/03/28/ millennials-leaving-cities).

Expanded Medical Clinic to Open in Niverville

With the completion this spring of the new Heritage Life Retirement Living life lease condos at the Niverville Heritage Centre, the onsite medical clinic is set for a significant expansion. The new 5,000-square-foot facility, called Open Health Niverville, will be located on the ground floor and open its doors in May.

"We seek to create an environment that offers appropriate care, locally, timely and convenient, open to all regardless of race, religion, social standing, or sexual orientation. [The name] Open Health expresses our desire," says Dr. Chris Burnett, who operates the medical clinic alongside his wife Dr. Mairi Burnett.

The updated clinic will provide easy, single-entry access to all of the community's medical services, including primary healthcare, lab services, a chronic disease team, public health, a Family First program, and mental health services.

"People can come in through the door, go to a single reception, and depending on what the need is, they then see the best clinician for them." Burnett clarified that the word clinician includes physicians, nurse practitioners, primary care nurses, and physician assistants.





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Why the Southeast Is the Right Place for Your Business

By Brenda Sawatzky

M knowskidey Snivery levil success.

Opportunities for business abound south of Winnipeg's perimeter. Whether you're an established company or getting ready to venture out, it's worth considering what the southeast has to offer. One thing you can rest assured on: your startup and ongoing operational costs are almost certain to be less than in the city.

Property values are typically lower in rural communities, which correlates with reduced lease rates and occupancy costs. Some communities, like Niverville, have rolled our tax incentives for new businesses, providing a further cut to already competitive property tax rates. It's also worth noting that business taxes and growth fees aren't standard practice outside the city limits.

Rural communities in the southeast are growing, and growing communities also means growing demands for local amenities. The more commercial and retail services a community offers, the less likely people are to travel to make their purchases. Setting up shop here usually also means less direct competition for businesses, allowing them to build a healthy and loyal clientele.

A number of business parks are primed and ready to help you find the commercial property that's right for you. The Niverville Business Park currently has 180 acres of industrial real estate ready for development. Lots are available in half-acre to four-acre parcels, depending on a company's requirements. Highway commercial lots will soon be available on the east end of town along a busy commuter route.

Riel Industrial Park in Ste. Agathe benefits from its strategic location on the main northsouth transportation comdor between the U.S. and Canada, with both highway and rail line access. Businesses will have access to essential services at industrial capacity, including quality water sufficient for commercial enterprises.

Grande Pointe Industrial Acres is located just a few minutes south of Winnipeg on Highway 50 and offers two- and three-acre commercial lots at reasonable costs and low property tax rates. Its proximity to Winnipeg provides added appeal and design guidelines to ensure that an aesthetically pleasing and modern look will prevail throughout.

Both Niverville and Iledes-Chènes offer numerous opportunities for leased property. Niverville is currently developing a strip mall which will extend from the busy new Shell station and Tim Horton's. This property from the Old Drover's Run golf course on Highway 311, a busy commuter route. Île-des-Chênes' strip mall is located just off Highway 59 nearthe Shadow Bidge condos and hosts a broad range of retail stores and services. It, too, offers quick access to daily commuters.

Southeast Offers Year-Round Fun

By Evan Braun

⊒ ecisco@nivers la clican com

Communities in southeast Manitoba offer pienty of amenities and events all year round.

The Niverville Oide Tyme Country Fair is a fixture of the region's calendar. The fair takes over Main Street every second weekend of June and has featured world-class artists like Gord Bamford, Dean Brody, and Brett Kissel. This year's fair takes place June 9—10 and will welcome another big name in Canadian country music.

The 2016 fair was nominated for its first Manitoba Country Music Award. Although Niverville's population sits at 4,610, the fair draws up to 15,000 people. In Ste. Agathe, Cheyenne Summer Fest arrives on July 15–16. The festival is designed to entertain the whole family, featuring a paneake breakfast, horses hoe tournament, beach volleyball, baseball, a community supper, a dance, and fireworks, Grande Pointe also hosts an annual summer festival in June.

Towns like New Bothwell, lie-des-Chénes, Ste. Agathe, St. Adolphe, and Niverville also host elaborate winter festivals lie-des-Chènes' Showman Festival took place this February, offering a snowman-building competition, a toboggan run, ATV bay rides, a bonfire, fireworks, and a Valentine's-themed social. New Bothwell's annual winter carnival brings

the community together for a cribbage tournament, bingo, and of course lots of fun in the great outdoors.

Niverville is fundraising for a new sports multiplex. The planincludes a 33,000-square-foot are not adjacent 36,000-square-foot multiplex that will feature a running track and space that can be converted into a soccer field, basketball courts, volleyball courts, or badminton courts. The plan also calls for six dressing rooms and mezzanine seating.

A new splash pad has opened in Niverville. The ped features two play areas, one intended for toddlers and another for those ages three to 12. The pad has washrooms, change norms, and a canteen.



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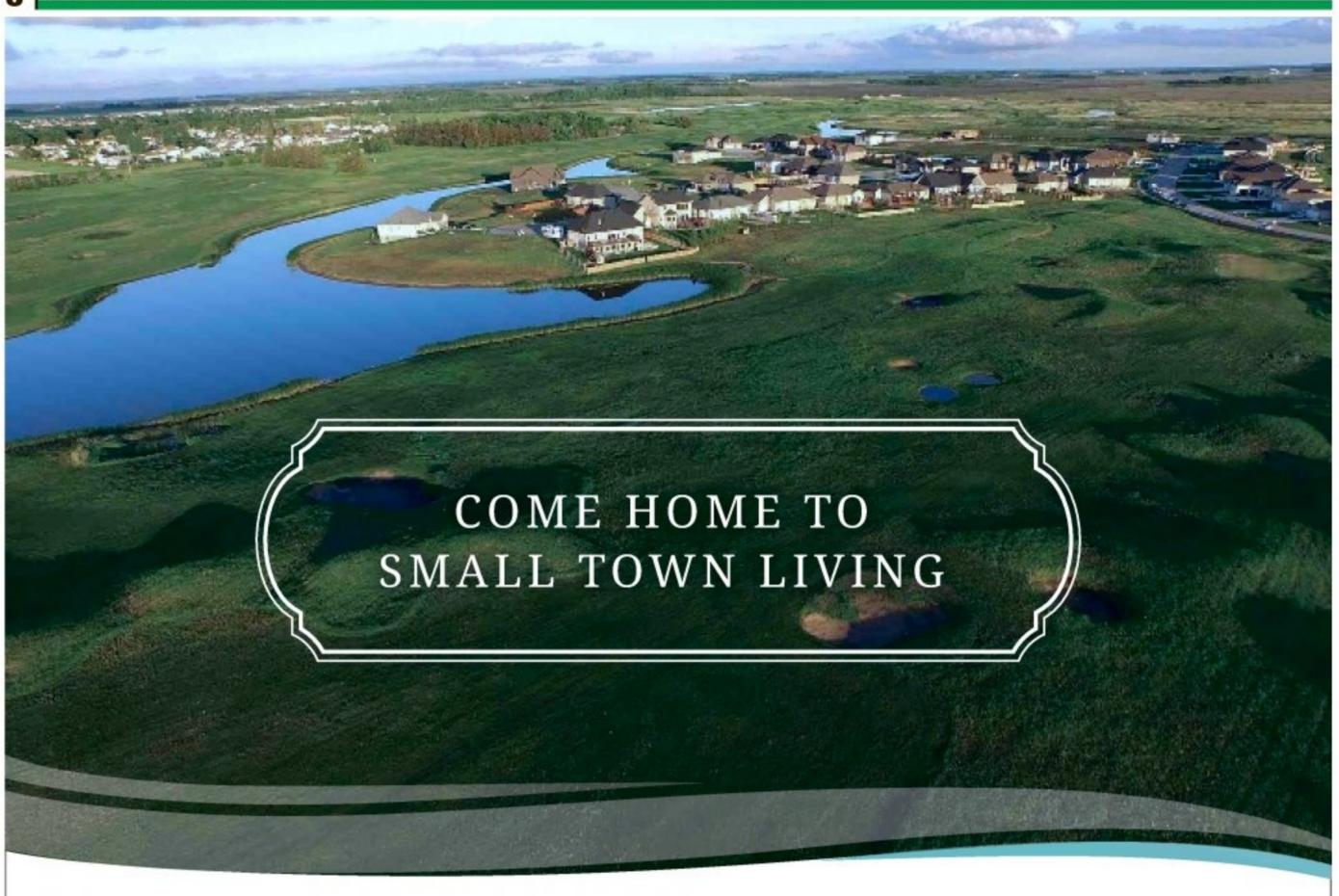


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Open for Business

By Ray Dowse

☑ rdowse@nivervillecitizen.com

For the first time in 80 years, Manitoba realized a higher growth rate than the national average. The recent census indicates that the province has the third strongest population growth rate in the country at 5.8 percent, behind our prairie neighbours of Saskatchewan (6.3 percent) and Alberta (11.6 percent).

The region just southeast of Winnipeg has experienced especially exceptional growth, with the RM of Ritchot claiming the title of fastest growing rural municipality in the province, marking a 21.9 percent growth rate, and the Town of Niverville boasting a rate of 30.2 percent, retaining its title as fastest growing community.

This growth is evident throughout the region when looking at the expansion of local schools, recreation programs, and in the number of new homes being built. Niverville, for example, experienced a 35.5 percent increase in private dwellings since the previous census, and is slated for a new school and a sports multiplex, in addition to its still-booming residential and commercial development.

The RM of Ritchot experienced a 31.8 percent increase in private dwellings, which can be seen with significant development popping up in the major population centres of Île-des-Chênes, St. Adolphe, Ste. Agathe, and Grande Pointe.

With this kind of population growth, businesses are starting to recognize the opportunities the southeast has to offer. Organizations such as Hemp Oil, Adventure Power Products, WM Dyck, and many others have invested in major expansions to both infrastructure and resources. National brands such as Tim Hortons, Shell, and HUB International have all come to the table in recent months to set down roots here.

And really, who can blame them? The Regional Economic Analysis Process (REAP) Report, completed by the province of Manitoba for Niverville and Ritchot in August 2014, highlights some interesting statistics. Not only is this region one of the fastest growing, it is also one of the youngest in the province. The largest group of residents is 35–39 years old, followed closely by the five- to nine-year-old category.

This region is also home to the highest-earning population in Manitoba, with 34.9 percent of households reporting incomes of \$100,000 and up. Another interesting chart showcases the significant shortfall of jobs compared to the labour force, meaning that many residents who currently commute outside of the region for work might prefer work closer to home, creating a strong demand for local jobs. These are the sorts of figures and trends that grab the attention of businesspeople and entrepreneurs.

With similar growth expected for some time to come, the southeast region is likely to continue offering exciting opportunities for businesses to find success. The future looks bright.

FOR MORE INFORMATION

For this article, we have extracted several graphs from the recent REAP report. However, the full report can be viewed on the Niverville Chamber of Commerce website at www.niverville.com and clicking the Reg. Economic Development link under the Business heading.

ANALYSIS

FIGURE 3 - POPULATION AS A PERCENTAGE OF TOTAL

The 20–44 age group represents the region's young workforce. This is the age of most new business entrepreneurs. The higher percentage of people in the 30–44 age range, combined with a young population, is a positive indicator for the future.

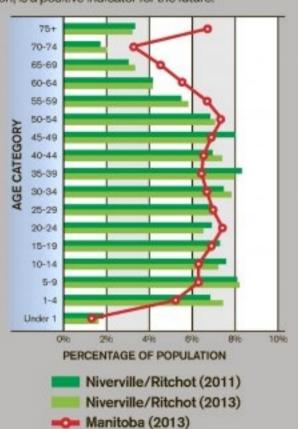


FIGURE 4 - HOUSEHOLD INCOME OF PRIVATE HOUSEHOLDS

Our region boasts one of the highest average household incomes in Manitoba with nearly 35 percent of households earning over \$100,000 per year. The provincial average has just 22 percent of households in that bracket. On the other end of the scale, only 14 percent of local households earn under \$40,000 per year, where the provincial average is 32 percent.

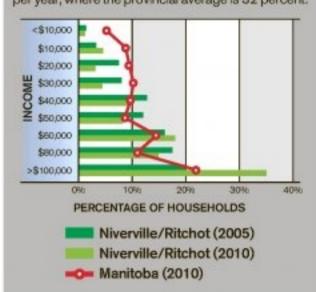


FIGURE 1 - GROWTH RATE

The chart outlines growth rates in the southeast between 2011 and 2016.

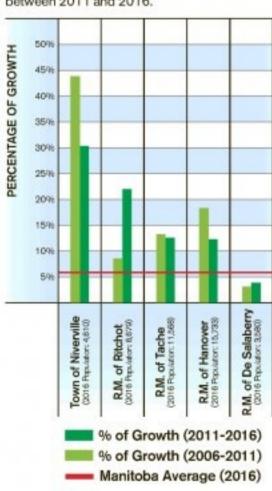
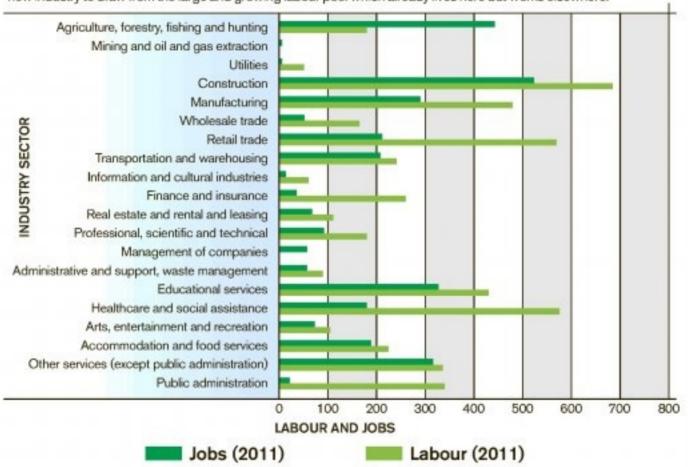


FIGURE 2 - NIVERVILLE/RITCHOT LABOUR VS. JOBS

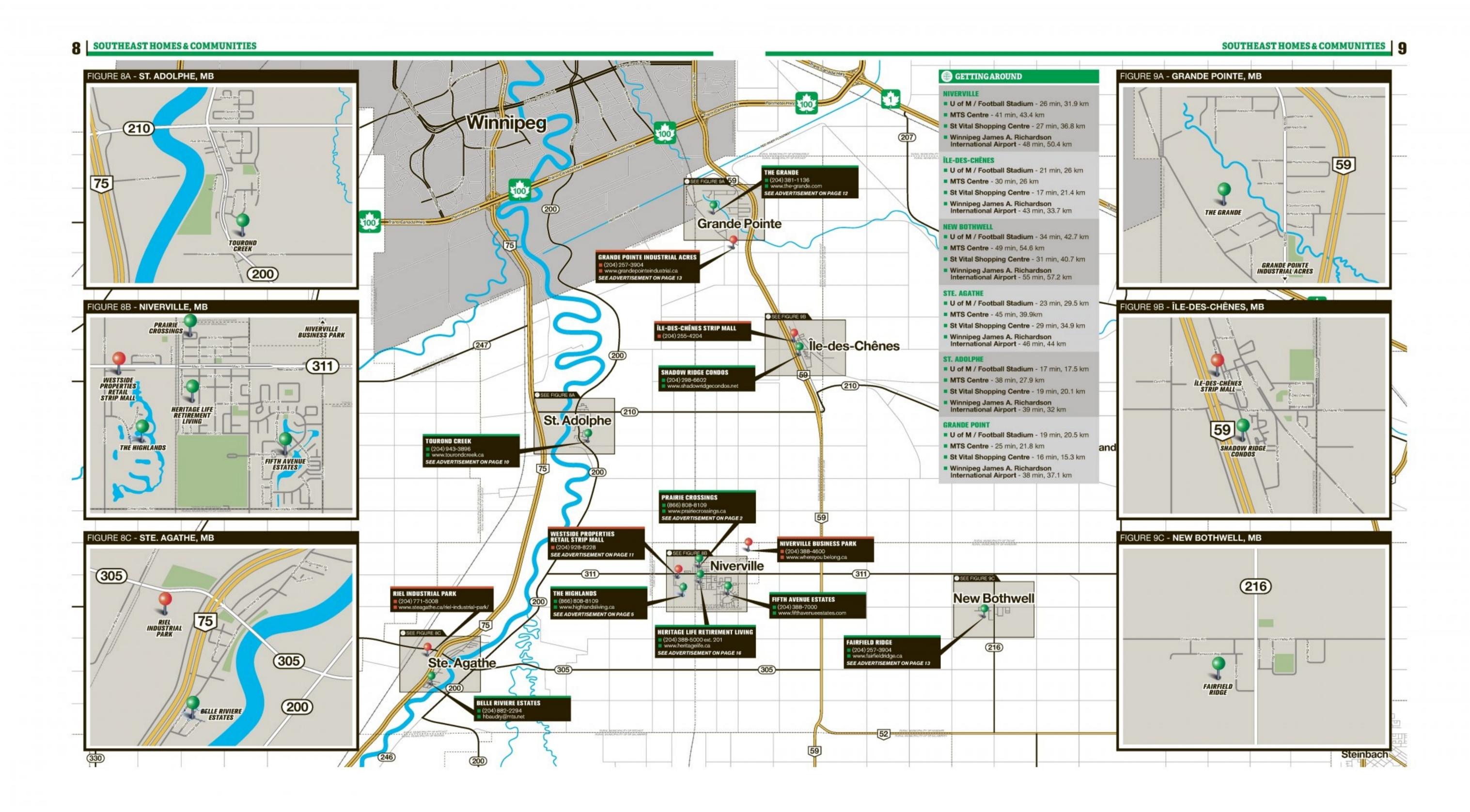
The chart outlines the disparity between jobs and labour in most industries in our region. This indicates an opportunity for new industry to draw from the large and growing labour pool which already lives here but works elsewhere.

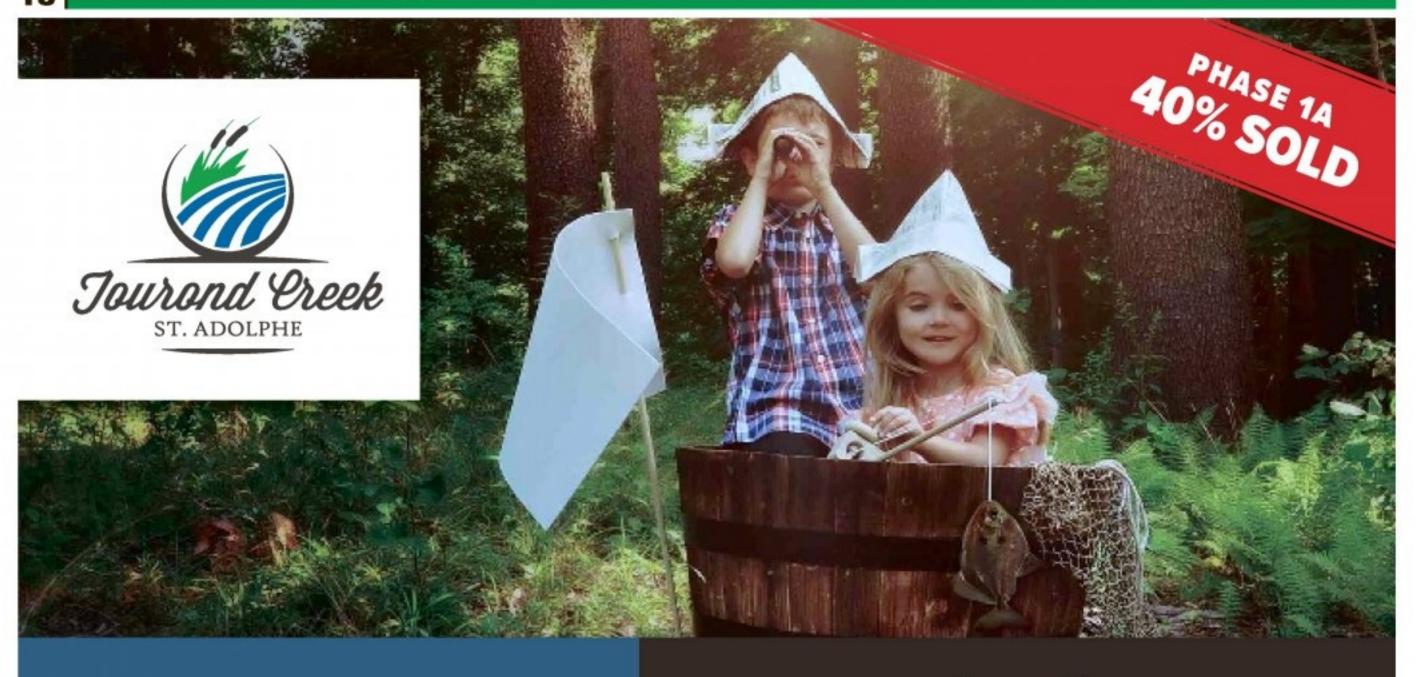


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Southeast Developments

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Grande Pointe



THE GRANDE: WIDE OPEN SPACE, ROOM TO BREATHE

Within a stone's throw of Winnipeg's south floodway stands The Grande, a community catering to homeowners looking for wide open space and room to breathe without leaving all the amenities of the city behind. It's so close to Winnipeg's boundary that you'll feel like you haven't even left.

The Grande features 41 beautiful two-acre estate-sized lots designed to appeal to the person looking to build a beautiful custom home that won't fit the traditional city lot. Three- and four-car garages are easily accommodated here.

The development's master plan includes twinned highway access and gently curving paved streets that add visual as well as functional appeal, slowing traffic to create a safer community for all. Other amenities include street lighting and underground electric lines, gas, and high-speed internet hookups.

The development is nestled alongside the Seine River and will soon see attractive river walks leading both north and south. It's an idyllic place for your pets to run, and for you to enjoy the scenic open countryside.

Lots begin at \$150,000. Comparable to a 50-foot wide lot in Winnipeg, The Grande's developers promise a much better bang for your buck. And with Sage Creek just minutes away, everything you need is right at your fingertips.

FOR MORE INFORMATION

www.the-grande.com

Île-des-Chênes



SHADOW RIDGE CONDOS: A COMMUTER'S PARADISE

Shadow Ridge is a contemporary new condo development with quick access to the city via the twinned Highway 59. Just seven minutes south of Sage Creek, this development offers apartment-style and townhouse-style condos, perfect for commuters and those seeking a quieter setting.

Catering to families, singles, and retirees, the condos vary in size from 850 square feet with two bedrooms and one bath to 1,150 square feet with two bedrooms and two baths. A detached garage option is available and serviced parking stalls come standard with each unit.

With a multitude of exterior finishes to choose from, every unit has its own front door as well as a spacious private deck. Condos come fully equipped with a fridge, stove, dishwasher, microwave range hood, washer, dryer, privacy blinds, and a wide range of finishing packages to suit anyone's style. The developers went the extra mile by installing quality soundproofing between units. Shadow Ridge also sits on an expansive and well-treed greenspace, providing room for outdoor family activity.

Amenities abound in the vibrant rural community of Îledes-Chênes. Nearby you'll find cafes and restaurants, a doctor's office, a pharmacy, sports arenas, and the TransCanada Centre, which houses a large banquet hall and daycare. Three schools offer French and French Immersion options.

FOR MORE INFORMATION

www.shadowridgecondos.net

St. Adolphe

TOUROND CREEK: VIBRANT COUNTRYSIDE LIVING

Immediately south of St. Vital, along the picturesque Red River, lies Tourond Creek in the idyllic francophone community of St. Adolphe. The friendly riverside town offers commuters relaxing, all-highway access to Winnipeg.

Tourond Creek began

development last year and has the potential for 1,400 residential units. Though the developers see Tourond Creek having special appeal for young families, singles, and retirees will also find their place here in the multi-family units, townhouses, and three-story condos. As it gains momentum, the development will eventually see the addition of three large lakes, providing ideal lots for walkout-basement homes.



Lots vary in size from about 60 feetwide by 120 feet deep. Lake lots are larger, at 65 feet wide by 190 feet deep. According to the developers, these lots are larger than your average city lot but sell for about 25 percent less than similar-sized lots in urban centres.

Starting this year, the developers will prepare six and a half acres of space for commercial development in Tourond Creek, providing opportunity for further amenities. St. Adolphe boasts a vibrant sports community, a school, parks, and neighbourhoods that are safe and welcoming.

FOR MORE INFORMATION

www.tourondcreek.ca

WHAT RESIDENTS SAY

We moved out here in the hopes of a better opportunity for cost of living and to offer our services to a faster growing community. We were out here for only six months when our lives took a turn for the worse. I was diagnosed with leukaemia and for seven months I had the fight of my life. A lot of people in the community heard the news and reached out to us. They asked if they could pray for us, offered to drive me to my appointments, made meals, and fed our fish. The community saw me at my best, at my worst, and now at my best again. I have gained amazing friendships here. Thank you to everyone in Niverville. You helped us more than you know.

-Billie Fontaine

Last spring, my family and I took the opportunity of sunshine and a full tank of gas to explore communities around Manitoba. We gallivanted around, checking out open houses and feeling out the environment. As we compared property prices, considered commute times, and the overall community we wanted to be a part of, we eventually found our way home to Niverville. We have always been the type to appreciate the little things. I noticed the spacious road that is Niverville's Main Street and things as simple as parking space and clean sidewalks. There were groups of kids biking and walking around, left to their own devices, free to explore, to make memories, and to feel safe in doing so. When we walked into the Co-Op, we were greeted with smiles, greetings, and doors being held for each other. It was almost as refreshing as the waffles and pizza!

We checked out open houses all over town. It was easy to see that these homes were well loved. We were shocked to find functional, comfortable homes with large backyards that were affordable and beautiful! Even the townhouses had yards, and were spacious and inviting. These were the kinds of homes that we, as a family, could grow in. We wouldn't need to move in a few years, and we would never want for groceries, hardware supplies, gas, insurance, medical needs, education, or the fun stuff—parks, trails, festivals, and skating rinks. As time and excitement grew, so did our love for this little town.

In the time that we have been here, we have been met with welcoming neighbours and warm conversations. They've reached out with snowblowers and an openness to our eagerness to connect. Being half an hour from the city is awesome. Living in a home where our minds, along with our bank accounts, are comfortable is even better. But the best part is knowing that our children have the opportunity to develop in a loving, diverse, and open community.

-Bryanne Koehn



Ste. Agathe

BELLE RIVIERE: LIFE AMONGST THE OAKS

If a beautiful home among Manitoba's native wildlife and century-old oak trees sounds appealing, Belle Riviere might be the perfect spot for you. Just a 20-minute drive south of Winnipeg on Highway 75, this new neighbourhood is accessible from the four-lane highway but set apart enough to eliminate the noise of traffic.

The development is

protected from the nearby Red River by a ring dike and offers lots ranging from 8,800 to 25,000 square feet. Prices begin at \$49,500. Spec homes are available for those looking for easy, turnkey occupancy. The area is fully serviced with underground hydro, asphalt streets, curbs, and gutters. All services are included in the sale price, so they won't appear on your tax bill.

New Bothwell

FAIRFIELD RIDGE: SMALL TOWN LIFE AT ITS FINEST

This brand-new development, nestled in New Bothwell, sits on a prime location halfway between Winnipeg and Steinbach. Cheese lovers take note: this community is home to the world-famous Bothwell Cheese.

The development's thoughtfully designed layout provides a clean, linear appearance with tree-lined streets and ponds



dotting the landscape. Modern infrastructure runs throughout. Fully paved streets, curbs, gutters, and underground hydro lines add to the visual appeal.

Construction began in fall of 2016 and already 35 percent of the lots have been sold. The appeal? Life in small communities like New Bothwell offers safety, security, and low property taxes, making it a great alternative to big-city investments.

Entry level, mid-level, and two-family duplex lots are available. Lots range in price depending on size and location. Mid-entry level lots start at \$59,900 and go up to \$64,900 for lots that back onto a pond. Cobblestone Homes, a reputable builder of quality homes since 2005, will fully customize entry-level and midlevel homes.

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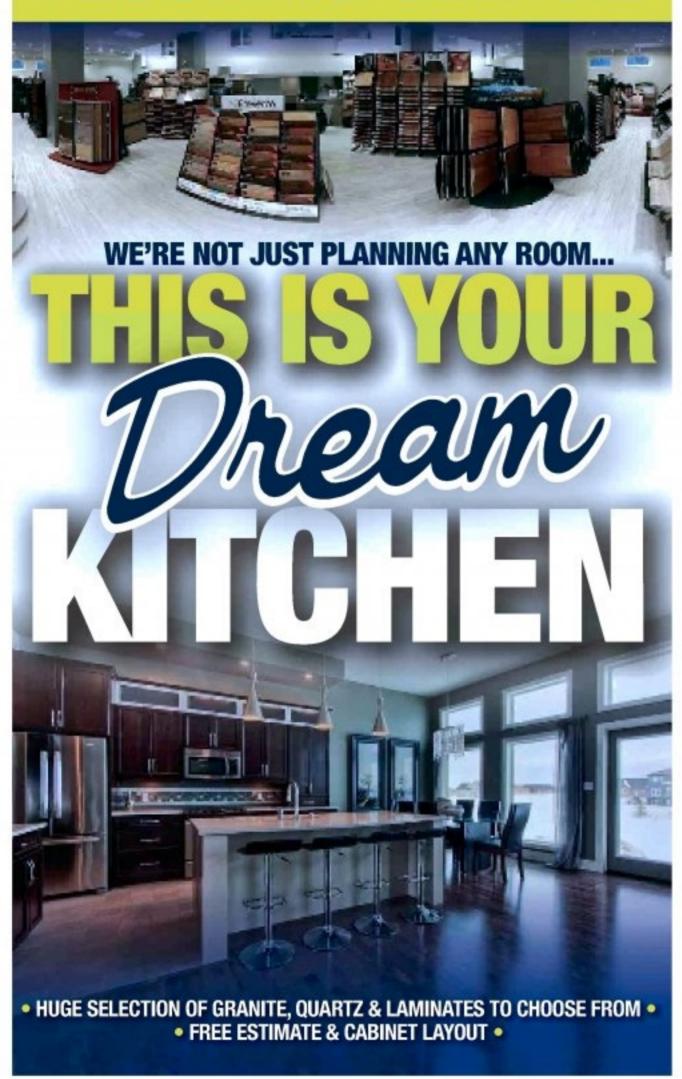
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Niverville

PRAIRIE CROSSINGS: LIFE IN A POCKET COMMUNITY

Acommunity within a community-that's the feeling you get when you enter the Prairie Crossings condominium development in Niverville. It is described by the developers as a place designed to offer the comfort and security of a "pocket community."

The layout of the neighbourhood is smartly planned, with all the condominium units circling an acre and a half of family-friendly greenspace, allowing for an open, serene view of walking paths, natural play structures, sitting areas, and a water feature.

Townhouse designs range from bungalow to two-storey and three-storey homes, each with an attached, insulated garage. The open-concept interiors feature nine-foot ceilings to maximize the spacious feel. Each home comes standard with electric fireplace and covered decks that allow for easy three- or four-season sunroom conversion. The bungalows include full undeveloped basements. All of the homes come with a six-piece stainless steel appliance package with varying numbers of bedroom, bathroom, and en suite options.

The developers give new homeowners a variety of options in finishes, and the company boasts the longest and best possible warranties available.

If apartment-style living is your preference, there are also elevator-equipped, three-storev condominium dwellings with one-, two-, or threebedroom options in a variety of floorplans.

Prairie Crossings is located just a five-minute walk from an elementary school, an arena, a curling club, and the Old Drovers Run golf course.

FOR MORE INFORMATION

www.prairiecrossings.ca

THE HIGHLANDS: A **OUIETER WAY OF LIFE**

A beautiful stretch of highway winds south along the Red River from Winnipeg to The Highlands. Only 20 minutes from Winnipeg, the expanse of fields and wooded riverbanks lets you know you've entered a quieter way of life.

Developer Len Peters and his team have worked hard to

build this rural community, focusing their energy on creating open and spacious lots. The vast majority of lots back onto open spaces of lakes and golf course.

Old Drovers Run is a linksstyle course designed by Graham Cooke International Golf Course architects. It was landscaped to echo Scotland's most historic courses. Men's, women's, and junior leagues are a part of the course's summer programming.

The development will feature over two miles of paved paths and walkways leading to the course and community parks, as well as over 30 acres of lakes. The Highlands Park is a spot where families will be able to enjoy a gaming bowl and sports field that transforms into an outdoor hockey rink in the winter months.

The single-family lots range from 60 to 80 feet wide. The development caters to a wide demographic, from singles to families to seniors. There is even a selection of attached homes with high-end finishes and open-concept floorplans.

Also part of the community is The Highlands Village, with four- and five-plex multi-family townhouses. These are twoand three-storey homes within easy access of the golf course. This part of the development is situated on its own expansive greenspace.

FOR MORE INFORMATION

www.highlandsliving.ca



FIFTH AVENUE ESTATES: SOMETHING FOR EVERYONE

This well-established development stretches along Niverville's east boundary, connecting to all of the major thoroughfares in and out of town. Carefully planned neighbourhoods in the development provide everything from starter homes to upscale walkout basement living. In this neighbourhood, you'll expect to find all the amenities of any new city development.

A fully completed system

of interconnected lakes winds its way throughout the community, proving ample greenspace, three and a half miles of walking paths, and bird sanctuaries. Landscaped parks and family-friendly play structures are scattered throughout, along with a timber-frame amphitheatre where you can gather with friends to enjoy an outdoor concert against the backdrop of a lake.

There's something for every age and demographic in Fifth Avenue Estates.

FOR MORE INFORMATION

www.fifthavenueestates.com

HERITAGE LIFE RETIREMENT LIVING: THE AGING-IN-PLACE MODEL

Heritage Life Retirement Living (HLRL) is a unique and affordable retirement opportunity boasting a philosophy and model like few others. This life lease residence is the crowning phase of the Niverville Heritage Centre campus. The campus currently offers a range of aging-in-place housing options, including assisted and supportive living and a personal care and special care home, giving life lease residents future access to more support as the need arises.

The campus includes a primary health care centre and medical clinic with full-time doctors, a childcare centre, a dental clinic, and a hair salon. Hespeler's Cookhouse and Tavern, a timber-frame atrium, and a banquet/event centre serve as community gathering places for all ages. Every aspect of this campus is under one roof and accessible to people of all levels of mobility.

HLRL offers six different suite designs ranging in size of 741 square feet to over 1,600 square feet, each with its own balcony or optional sunroom. Residents will have access to heated underground parking and storage, a large common area for social gatherings, a workshop for hobbyists, a games area, lounges, and a fitness area. Optional services include housekeeping and meal and laundry services.

Two buy-in options are available: a guaranteed buyback option (available for peace of mind) or an equitybased option (available for the investment opportunity).

FOR MORE INFORMATION

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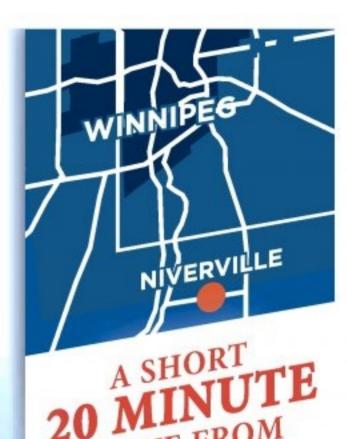


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metr

Business

Tuesday, February 28, 2017 25

Ikea testing virtual reality

TECHNOLOGY

Simulator puts furniture into consumers' own homes

Ikea Canada is jumping into the virtual reality ring with the launch on Tuesday of a simulator at its Etobicoke location in Toronto that will allow customers to see themselves moving inside a version of their own, newly renovated Ikea kitchen.

"We know that virtual reality isn't widely available yet, but we know it's coming fast," said Rob Kelly, head of sales, Ikea Canada.

The technology is used in video games but is heading into new applications, including allowing people to see how a piece of furniture would look in their own home using their mobile phone.

The Etobicoke store pilot is the only one in Canada, although the concept is being tested in other markets, including a store in Belgium, one in Sweden and a booth at an order-and-pick-up location, also



Ceasar Varela, kitchen and dining manager at an Ikea store in Toronto, poses with the Virtual Reality Pancake Kitchen display. TORSTAR NEWS SERVICE

in Sweden.

The testing will run until May 21, at which time Ikea Canada will assess the findings and the potential for the technology.

"This is an exploration journey for us," said Kelly. "It's exciting, it's fun to do, but at the end of the day, what we're really interested in hearing about from customers is, does it really help?"

Lowe's was the first retailer to test a holoroom in Canada, in late 2014, according to Kyle Nel, executive director, Lowe's Innovation Labs.

"We coined the phrase holoroom," said Nel.

Since then, the technology has shrunk and customers with a Google Tango smartphone, equipped with 3D depth sensors, can take advantage of virtual and augmented reality with their phones, instead of using goggles and hand-held controllers.

"The ambition was never to have these giant, cumbersome boxes as part of the store, the goal was to learn how people use virtual reality and augmented reality in a real way inside of a working home improvement store," said Nel.

The virtual reality kitchen at lkea offers two different experiences: One invites customers to try cooking pancakes in virtual reality to gain an understanding of work flow in a kitchen and how it can be optimized.

The second is for customers who have already been through the kitchen-planning process at Ikea and want to bring the design to life, allowing them to move in virtual reality through their plans, for example, opening cupboards, to see how everything works together.

"Will that give the consumer even more confidence that they are making the right decision? Right now it's about learning for us and it's seeing how the technology can support the business going forward," said Kelly. TORSTAR NEWS SERVICE LOYALTY CARDS

Rewards losing allure

The value of customer loyalty programs is under increased scrutiny by companies and users in the wake of Air Miles' recent reversal of an expiration policy.

The operator of the shopper reward program, LoyaltyOne, angered many members last year with its proposal to void unused Air Miles after five years, only to abandon that plan weeks before it was to take effect.

Last month, supermarket chain Metro said it was considering dropping Air Miles and launching its own loyalty program in its Ontario grocery stores following the backlash.

The Air Miles misstep doesn't help foster consumer trust and is a "cautionary tale" for other providers, said Sean Claessen, executive vice-president of strategy for marketing agency Bond Brand Loyalty.

It takes trouble with just one loyalty card to test the public's patience with rewards programs, added John Boynton, chief marketing officer of Aeroplan operator Aimia.

THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 26

ALGONQUIN PARK, ONT



THERE IS NOTHING MORE CANADIAN THAN A MAGICAL SUNRISE OR SUNSET IN ALGONQUIN PARK. I TOOK THIS DURING THE SUMMER OFF THE SPRUCE BOG BOARDWALK, CONSIDERING THIS BEAUTIFUL WILDERNESS IS ONLY A FEW HOURS NORTH OF THE GTA, IT'S A GREAT PLACE TO GET AWAY FROM THE CHAOTIC PACE OF CITY LIFE. TIM KENNEDY

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Start nominating at:





Your essential daily news

PHILOSOPHER CAT by Jason Logan

PENNY COLLENETTE ON SANCTUARY CITIES

We must 'mind the gap' between the vision and the reality of sanctuaries

The world has a massive problem on its hands. The numbers of displaced people fleeing persecution, conflict and genocide are staggering. The UN Refugee Agency estimates "an unprecedented 65.3 million people around the world have been forced from home. Among them are nearly 21.3 million refugees. There are also 10 million stateless people who have been denied a nationality and access to basic rights."

Where can these asylum seekers find safety in an increasingly unsafe world?

Initially, we assumed that sheltered refuge would be found in North America. To that end, Canada signed the Safe Third Country Agreement in 2002 with the U.S., requiring refugee claimants (with some exceptions) request protection in the first country in which they arrive, not both.

What could go wrong? Both countries were deemed to "respect human rights and offer a high degree of protection for asylum seekers."

But increasingly, the assumption the U.S. is a safe harbour is at risk. Donald Trump has exacerbated the global situation with rumours of accelerated deportations along with threats to cut federal funding to approximately 400 American cities and counties that provide sanctuary to illegal immigrants, potentially amounting to \$2.27 billion in cuts for the nation's 10 largest cities.

Given this intimidating culture, it is no wonder undocumented refugees in the United States are understand-



Giving shelter Clear laws and co-ordinated leadership needed, writes Penny Collenette. AP

ably nervous and are now looking north to our country for sanctuary. Canadian cities are beginning to respond with designations of "sanctuary cities" and with requests for more resources.

Whether the numbers crossing the undefended portions of our joint border are a trickle or a flood remain to be seen. Competing visions of the future are colliding in our consciousness, in part because of politics and in part because of real confusion. The government, which is dealing with an unprecedented situation, is taking time to assess the severity of the situation.

But are city services enough? The Mayor of Fredericton recently noted that because provinces have responsibility for education and health, it may be more appropriate for New Brunswick to

be designated as a sanctuary province. Similarly, a project at the Ryerson Centre for Immigration and Settlement in Toronto is studying the idea of provincial sanctuary as it researches the availability of labour markets for illegal migrants while examining municipal programs that could be "scaled" up to the provincial level.

However, before we leap to a higher sanctuary level, we must "mind the gap" between the vision and the reality of sanctuaries. For example, police forces are in a Catch-22 position as they are expected to serve everyone without question as to their papers. However, if they are aware of any illegal immigration information, they are required by law to report it to Canada Border Services. Which direction takes precedence?

Secondly, affordable housing remains a pressing issue for many cities, not to mention the challenge of homelessness. Can we build new units? If so, how quickly and which level of government provides the funds?

Successful sanctuaries, whether at the municipal or provincial level will require clarity of laws, as well as co-ordinated leadership among officials at all levels. To avoid arguments, and possible confrontations, citizens, too, must receive good communication and education. None of this is easy. Patience, rather than heated rhetoric, will be a virtue.

Penny Collenette is an adjunct law professor at the University of Ottawa and was a director in Jean Chrétien's

Fixing health care for black Canadians

Dalon P. Taylor

Each February, a flurry of activity accompanies Black History Month. It's an earnest, if inconsistent, effort to recognize the role of black Canadians. But when will we take a moment to consider the health concerns of black Canadians, which too often go unacknowledged?

Why do we need to consider black health in particular? Black communities are disproportionately affected by mental health, HIV/AIDS, heart disease, sickle cell, stroke and hypertension.

These all create a huge burden on our health-care system, which can be reduced with effective solutions.

The reasons black Canadians face disproportionate health prospects are complex and not fully explored. We do know social determinants of health, including education, housing, employment and poverty, as well as racism and violence, take a toll.

Research connects disparities in poor health with experiencing prejudice and discrimination. Research also shows that negative interactions based on race lead to distrust in the health-care system and toward health-care providers.

By ignoring how these factors limit black health, we only perpetuate the racism that the heroes we celebrate during Black History Month sought to end. If Canada is serious about acknowledging the contributions that have been made by people of African and Caribbean



would be addressing the health issues that impact black Canadians.

For politicians and policy-makers, that means implementing relevant and targeted approaches to the disparities and increase access to certain services.

This includes creating a tool to measure equity within our current health-care system.

It is also crucial to work with black communities and organizations to develop solutions that are relevant and meaningful. This must include investment in research to better understand the issue.

Politicians must support the implementation of a black health strategy within the health-care system that outlines approaches to responding to the gaps within the system and commitment to take serious action.

For black communities, we need to work together to ensure decision makers are held accountable. Our votes are a significant tool to ensure our voices are heard. We need to rally communities to use our votes effectively and strategically. If politicians aren't hearing us, we need to pool our votes and support candidates who will listen and respond.

We also need to support each other in creating clear and consistent messages on the challenges and barriers we face, and how they can be overcome. We should not stop short of anything but equitable access to health care, education, housing and all the other social determinants of health that we should have access to as human beings, regardless of our race.

It is time for all of us to take meaningful steps and concrete actions to give back to black Canadian communities. The blood, sweat and tears that our ancestors have poured into building this country, and the contributions that racialized immigrants continue to make, require acknowledgement in the present. A good starting point would be towards our health. So let's not wait to find another month Canada; let's start now.

Dalon P. Taylor is president of the Black Health Alliance and a PhD Candidate at York University in Toronto.



Your essential daily news

Social horror hit Get Out retains its 100% Rotten Tomatoes rating as it tops the box office

to look out for Health Canada

MUMPS Most people recover **SYMPTOMS** within seven to 10 days:



High fever

Headaches

ONE IN THE CAPITOL

There is one confirmed

case in Ottawa

MEASLES, TOO

There are three con-

firmed cases of mumps

in Halifax, but the city

has also seen seven

cases of measles

T.O. BAR SCENE

Toronto public health



Anatomy of a mumps outbreak

An immunization expert explains why there are still mumps outbreaks despite Canada's national vaccine program

WANYEE LI/METRO VANCOUVER

A recent spate of mumps outbreaks in Canada has health experts reminding people about the importance of vaccines.

Mumps is a virus that causes the easily recognizable swelling of salivary glands. Most people recover within seven to 10 days but in rare cases people can develop complications, including deafness and meningitis, according to Health Canada.

Parents in Canada are advised to have their children receive two doses of the MMR vaccine – it protects people against the measles, mumps, and rubella.

Health authorities say it is normal to see a handful of mumps cases in provinces every year but outbreaks still occur because the disease is highly contagious and because Canada has not achieved herd immunity.

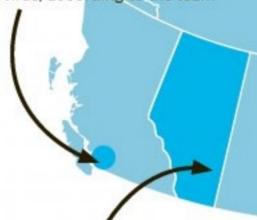
Unlike the measles, where an outbreak only occurs when a traveller brings it into the country, the mumps virus still exists in Canada, said Dr. Monika Naus, the director of immunization and vaccine preventable disease at the B.C. Centre for Disease Control.

A 2007 Health Canada pilot program found about 83 to 87 per cent of twoyear-olds in Alberta, Saskatchewan and Manitoba were up to date with their mumps vaccines.

Everyone in the country would have to get two doses of the mumps vaccine in

CANUCK CASES

Sport teams are especially susceptible to mumps outbreaks and five players in the Vancouver Canucks sat out of Saturday's game due to the virus, according to the team



IN ALBERTA

Four people in Edmonton's University of Alberta tested positive for mumps, while Calgary has seen three confirmed cases

order to achieve herd immunity, where

the general population is protected

against mumps. Without herd immun-

ity, outbreaks can still occur, she said.

tions about the mumps vaccine:

How can I check to see whether I

provider should provide a record.

The best way is to check your immuniza-

tion record. If people remember where

they got their vaccinations, that health

have been vaccinated?

We asked Dr. Naus important ques-

HIGHEST IN CANADA

Manitoba has seen 176 confirmed cases between last Sept. 1 and now, most of them at Winnipeg universities

How many vaccine doses did I get? A second dose of mumps vaccine in 1996 was introduced at 16 months of age. For individuals from about 23 to 47 years of age, most of them will only have had a single dose of mumps vaccine.

What if I'm an immigrant who did not grow up in Canada?

If you immigrated from outside of Western Europe and North America, then there is an excellent chance that you weren't vaccinated against mumps. Mumps vaccines are not used in most

authorities confirmed 17 cases of mumps that likely stemmed from 10 bars in the city's West End last week

of the developing world. For individuals like that, we recommend getting a mumps vaccine.

How effective is the mumps vaccine?

After one dose, about 80 per cent of people will be immune. After two doses, just over 90 per cent of people will have immunity. Everyone would have to get two doses in order to achieve herd immunity.

Is it possible to check whether I am immune to mumps?

HOW THE VIRUS SPREADS

Mumps is a highly contagious disease spread by saliva or mucus.

- Usually mumps is spread directly from person to person. When someone with mumps shouts at a bar, people around that person are likely to get infected by the flying spit if they haven't been vaccinated
- Kissing is a big culprit for the spread of mumps
- People can also spread mumps by sharing utensils and drinking glasses
- · But the MMR vaccine is available free nationwide

For many vaccinations, an antibody level can be checked and if it is above a certain level, we can determine immunity. For mumps, we don't have that kind of certainty. So there's no point checking the antibody after the vaccine.

Does it hurt to get another mumps vaccine if I'm not sure whether I need a booster shot or not?

No it doesn't. If you're already immune, it won't do anything. It might boost your immunity.

This interview has been edited and condensed for brevity.

HEALTH

Doctors 'can do more to help young people quit smoking'

Primary-care doctors need to take a more active role in preventing young Canadians from starting smoking and helping those who have already taken up the habit to butt out for good, says a group of experts that develops clinical practice guidelines.

That recommendation is at the heart of the first-ever guidance on smoking in children and youth aged five to 18, developed by the Canadian Task Force on Preventive Health Care.

"Rates of smoking have decreased over the last couple of decades, but they seem to have plateaued and they're still much too high," said Dr. Brett Thombs, chairman of the four-member tobacco working group within the task force, which penned the guidelines released Monday.

"And among Canadian youth, by the time children and adolescents are in 12th grade, 36 per cent have tried smoking," said Thombs, a professor in the faculty of medicine at McGill University in Montreal. "And that's simply way too high given the massive burden of smoking on health (and) on our economy."

The guideline document, published in the Canadian Medical Association Journal, cites data showing that 18 per cent of youth in Grades 6 to 12 have tried cigarettes.

"We know that people who start smoking as children and youth are much less likely to quit later on," said Thombs., noting that although the adverse health effects may primarily show up later in life, they are accrued over a lifetime of tobacco use.

Smokers are at risk for lung, throat, pancreatic and bladder cancers, as well as chronic obstructive pulmonary disease (COPD) and cardiovascular disease that can lead to a heart attack or stroke.

"If we can stop (them smoking) during childhood and adolescence, there's a much better chance that they won't even get into that period of high risk," he said.

For prevention, the task force recommends that primary-care providers first ascertain whether children and teens are smoking and provide brief information to both them and their parents on the risks of tobacco use and strategies for dealing with any peer pressure to smoke.

THE CANADIAN PRESS



Almost 90 per cent of adult smokers started before they were 18. CANADIAN PRESS



Writer/director Barry Jenkins, producer Adele Romanski, producer Jeremy Kleiner and cast members accept the best picture Oscar for Moonlight after a mess-up that provided us with a metaphor so literal you could throw popcorn at it. GETTY IMAGES



JOHANNA SCHNELLER WHAT I'M WATCHING

A transcendent transfer

THE SHOW: The Academy Awards (CTV/ABC) THE MOMENT: The epic fail

Best picture presenter Warren Beatty opens the envelope. He reads the card. He squints. He looks in the envelope for another card.

He looks at his co-presenter, Faye Dunaway. He says, "And the Academy Award," and stops, looking off stage. "You're awful," Dunaway says. He holds the card out to her. She only glances at it. "La La Land," she says.

The music plays, the La La team hugs. Producer Jordan Horowitz makes his speech. As fellow producer Marc Platt makes his, people in headsets dart around in the background. Faces fall.

Horowitz charges the mic. "I'm sorry, no, there's a mistake," he says. "Moonlight, you guys won best picture." Gasps from the audience. "This is not a joke." He holds up the card. "Moonlight. Best picture."

Hubbub. "Warren," host Jimmy Kimmel wails, "what did you do?"

We know what Beatty should have done: "I'm sorry. I seem to have the wrong envelope." Instead, he gave us a metaphor so literal, if it was a movie you'd throw popcorn at the screen.

The walking embodiment of old Hollywood and white privilege, frozen in bewilderment, allows a cadre of white males to think they've won for a lighthearted confection about cute white dreamers

And then we all watch as they physically transfer the statuette to a female producer and a black director for their intimate movie about a black

"I'm going to be really proud to hand this to my friends from Moonlight," Horowitz said gracefully.

Speaking for humankind? We can only dream.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday. WOES KEEP COMING

Australian producer Jan Chapman insisted she is very much alive after her face was displayed during the In Memoriam segment, intended to honour her friend Janet Patterson.

The 32.9 million viewers tuning into Sunday's awards was the secondlowest rating of all time.

How Oscars were enveloped by chaos

The question on everyone's lips in the immediate aftermath of the stunning final twist to Sunday's Oscars was simply 'how?' Here's a look at the processes and how the Academy Awards' winners envelopes are handled before being opened live onstage:

The consulting firm PwC, formerly Price Waterhouse Coopers, tabulates the winners based on ballots cast by the academy's 6,687 voting members. Unlike the nomina- A curious tale of two tions, which rely on envelopes: Emma a branch-specific, Stone holds one vote.

preferential-voting best actress card system, winners are (above) but Warren chosen by popular Beatty was handed another (below). **GETTY IMAGES** Two accountants are tasked with bringing the final results, inside

sealed envelopes, to the Oscars ceremony. They are the people carrying briefcases on the red carpet, flanked by police protection. Each briefcase

contains an identical set of envelopes for the show's 24 categories. The accountants also memorize the winners.

The two accountants are ostensibly the only people who know the winners before they are announced live on TV.

During the telecast, the two briefcase-toting accountants are stationed in the Dolby Theatre wings, one stage left and one stage right.

Most presenters enter stage right. They come backstage a few min-

> utes ahead of time, and the accountant hands them their category's envelope just before they walk onstage. The sealed envelope with the winner's name inside is opened live onstage.

On Sunday, Warren Beatty and Faye Dunaway entered stage right, where PwC representative Brian Cullinan handed them the errant envelope.

The previous award, best actress, was presented by Leonardo Di-Caprio, who entered stage left. PwC representative Martha

Ruiz handed him the envelope for the correct category.

A duplicate, unopened envelope for best actress remained stage right, and apparently ended up in the hands of Beatty and Dunaway.

THE ASSOCIATED PRESS



metr#LIFE Relationships Tuesday, February 28, 2017 29

RELATIONSHIPS

Being in sync on preferred playlists is not the key to love

On Katie Nestor's first date with Gareth Williams, she gushed about the bands she'd see perform at the WayHome music festival just north of Toronto that weekend. Williams stared at her blankly.

"I was like, 'Who is this guy who doesn't know Way-Home?'" Nestor laughed, recalling how a few dates later, she learned for the first time that Williams had no songs on his phone and was indifferent to music. "I was like, 'Oh god, this guy is a loser'."

Yet, a year and a half later, they're still going strong.

Dating apps have started capitalizing on musical connections. Last year, Tinder partnered with Spotify to allow users to post their favourite artists and their own "anthem" on profiles, and dating app Happn allows users to post songs on profiles and send music to other users. Tastebuds.fm and Mix'd are apps specifically for music lovers looking to connect with fellow music lovers.

But does being in sync in musical taste translate to being in tune as a couple?

Relationship and musicology experts say that while liking the same music can create an initial spark between daters, it's not necessary for maintaining a happy relationship. The deal-breakers are when one person can't accept the other's different taste, or when they try to force their musical taste on another person — both cases usually signs of bigger problems, they say.

"Quite often at the beginning of relationships, couples are often looking for things they might have in common," said Kip Pegley, associate professor of musicology at Queen's University. "If you share certain similarities in music ... that can also speak to a shared history. 'Oh, you were at that concert? I love them too'."

For some singles, musical taste matters big time. Nickelback, Justin Bieber and Lady





Nickelback, Justin Bieber and Lady Gaga topped a poll of musical turnoffs. GETTY IMAGES

Gaga topped a poll of musical turnoffs conducted by Tastebuds.fm in 2011.

Pegley compares reading someone by their music collection to reading them by their book collection; it can give insight into what their other interests are.

But there's still hope for couples like Nestor and Williams, who have a love connection but no musical one, relationship experts say.

"It's perfectly OK to be on different pages about music," said Natasha Sharma, a Toronto-based therapist and author of The Kindness Journal.

Sharma said music can be lumped in as a "surface" interest with things such as taste in movies and food. It's more important to agree on big-picture stuff such as goals, values and outlooks on life, she said.

It's only when one person disparages the other's taste or when one tries to force music on the other that Sharma sees red flags.

"Any time you push anything on a partner, it's not good — whether it's music or marriage," she said. "The problem is, the person who is forcing it down their partner's proverbial throat isn't respecting them."

But if one person doesn't initially like the other's music, they shouldn't give up trying, she said. Showing an interest in your partner's interests — be they music or sci-fi movies — lets them know you care. Completely shutting down someone's music can be particularly hurtful since it's so personal, she said.

3

The songs are catchy. Plus, when you sing, you butcher it and it makes me laugh.

Gareth Williams eventually found common ground with music-loving girlfriend Katie Nestor — it's the Frozen

soundtrack



CONNECTION

When it comes to liking the

same music, there are sci-

entific reasons why it may

"Music can bring up autobiographical memories ...," said Laurel Trainor, a pro-

fessor of cognitive neuro-

science and director of Mc-

Master University's Institute for Music and the Mind.

"For example, the first date

you went on, you might remember the music that the

help you bond:

band played."

Free agent guard Deron Williams has signed with the Cavaliers, giving the NBA champions another playmaker to help defend their title



IN BRIEF

Raps' Lowry aiming for playoff return after surgery

Masai Ujiri defended the Toronto Raptors' handling of Kyle Lowry's wrist injury, despite the fact the point guard is scheduled to undergo surgery barely a week after playing in the NBA all-star game.

"If you look at the history of this kind of injury, players sometimes feel pain and sometimes they don't feel pain," the team president said. "Sometimes if you feel that this thing is going to go away, and that's how he felt."

Lowry undergo surgery on Tuesday to remove loose bodies from his right wrist. He's expected to miss the rest of the regular season, with an aim to return for the playoffs. THE CANADIAN PRESS

Forsberg named No. 1 star

Nashville Predators leftwinger Filip Forsberg, Chicago Blackhawks centre Jonathan Toews and Calgary Flames left-winger Johnny Gaudreau are the NHL's three stars of the week.

Forsberg led all skaters with eight goals and 10 points, including backto-back hat tricks, as the Predators gained seven of a possible eight points in the standings. Toews (four goals, five assists) recorded multi-point efforts in each of the Blackhawks' three wins last week and Gaudreau recorded eight points (two goals, six assists) in four road **VICTORIES.** THE CANADIAN PRESS

Sens dig in for a playoff push with Burrows move

'Heart and soul' forward adds sandpaper in move from B.C.

The Ottawa Senators are gearing up for a post-season push, acquiring veteran forward Alexandre Burrows from the Vancouver Canucks in exchange for prospect Jonathan Dahlen on Monday.

The deal was announced about 46 hours before Wednesday's NHL trade deadline and gives the Senators a skilled pest with plenty of playoff experience.

Burrows, who turns 36 in April, played 822 regular-season games with the Canucks, posting 193 goals, 191 assists and 1,066 penalty minutes.

The undrafted free agent who fought his way from the thirdtier ECHL to eventually star on Vancouver's top line added 19 goals and 15 assists in 70 playoff games.

'We had to do something like this," Senators general manager Pierre Dorion told reporters Monday before Ottawa's game in Tampa, Fla. "We just felt it was time to add another piece, and in Alex Burrows, I can tell you, we're ecstatic to have added that piece."

Set to become an unrestricted free agent this summer, the Pin-



Alex Burrows brings 70 games of NHL playoff experience to the Senators. JONATHAN HAYWARD/THE CANADIAN PRESS

court, Que., native had a full notrade clause in his contract and

would have had to agree to the trade. There are reports he could sign a two-year extension with Ottawa as early as Tuesday.

about an exten-

sion, I think we'll be able to announce something tomorrow,"

Dorion said. Burrows had four straight sea-

We had to do something like this.

"We've talked Senators GM Pierre Dorion came in 2009-10

when he scored 35 goals and add-

ed 32 assists. "It's been a hard day," Canucks

sons of at least 25

goals from 2008-

09 to 2011-12

playing largely

with the Henrik

and Daniel Sedin.

His best year

general manager Jim Benning said in Vancouver, "Alex Burrows has been the heart and soul of our franchise for a long time. He's given us everything that he's had. He's been so good with our young players this year, but given where we're at right now we just felt it was time to make the move.

"We got back, we feel, a good, young player in Jonathan Dahlen so we're excited about that."

Burrows' days as an offensive catalyst are behind him - he has nine goals and 11 assists in 55 games this season

 but he will still bring sandpaper to a Senators team pressuring for the top spot in the Atlantic Division.

Dahlen, 19, was selected in the second round, 42nd overall, by Ottawa at the 2016 NHL draft.

The forward has impressed at the international level, registering six points in seven games for Sweden at the 2017 world junior championship.

With the Canucks fading out of the Western Conference playoff picture, Burrows repeatedly stated he would only agree to a trade if it made sense on a personal level.

"Family always comes first. That doesn't mean that I don't care about hockey," he said after Monday's practice. "I care about hockey a lot." THE CANADIAN PRESS





Post-Ranieri Foxes bite back

PREMIER LEAGUE

Limp Liverpool feel wrath of rejuvenated Leicester team

Leicester began life without manager Claudio Ranieri by easing its English Premier League relegation fears after a stirring 3-1 home victory over Liverpool on Monday. In its first game since Ranieri was sacked last Thursday by the club's Thai owners, Jamie Vardy scored twice for last season's struggling champion.

Danny Drinkwater also netted with a superb long-range strike. It helped propel Leicester out of the relegation places and up to 15th, two points above the drop zone with 12 games remaining.

Vardy scored 24 league goals last season but the England international's strikes in either half were just his sixth and seventh of this campaign.

"We've come in for a lot of unfair stick with things that have been in the press, but you've seen that the lads wanted to re-



Jamie Vardy of Leicester City celebrates after scoring his second and his sides third goal. MICHAEL REGAN/GETTY IMAGES

act." Vardy said. "We needed to show that we've got that fight."

Liverpool, which was out of sorts despite a warm-weather training break in Spain, could not match Leicester's energy, intensity and commitment. It remains in fifth place.

Ranieri was dismissed nine months after masterminding one of the biggest sporting shocks of all time by leading the 5,000-1 outsider to league glory. But Leicester has failed to replicate that form. Before facing Liverpool, it had won just five

league games. Five consecutive league defeats sent it spiraling down the standings.

There was a strong show of support for the former manager at the game, with fans donning Ranieri masks and holding placards inside and outside King

Power stadium. One banner held aloft said "Thank you Claudio for making our dreams come true."

Leicester's players, some of whom have denied any part in an alleged revolt that led to Ranieri's sacking, had their names cheered by fans and appeared up for the highly

With Ranieri's assistant, Craig We've come in for best spell after Shakespeare, in interim charge, a lot of unfair stick Philippe Coutin-Leicester made a with things that bright start. Shinji Okazaki forced Liverpool goalkeep press, but you've er Simon Mignolet seen that the lads Leicester moves into an early diving

charged occasion.

save. Jamie Vardy Center back

have been in the

wanted to react

Robert Huth wastefully headed over from a corner, and Mignolet blocked Vardy's volley as Leicester showed plenty of attacking intent. The home side's pressure was rewarded when a through ball from Marc Albrighton sent Vardy away on goal and last season's leading scorer calmly slotted past Mignolet to give Leicester the lead after 28 minutes.

Just 11 minutes later, Leicester fans were on their feet again to acclaim an outstanding goal from Drinkwater, the midfielder sending a dipping volley past Mignolet from fully 30 metres. Vardy got his second on the hour when he headed in a Christian

Fuchs cross and. although Liverpool enjoyed its back in the 68th, Leicester held firm.

Whether quickly to appoint a permanent successor to Ranieri or lets

Shakespeare make his case to step up remains to be seen.

Nigel Pearson, sacked by Leicester in June 2015 after saving the club from relegation, a move which led to Ranieri's appointment, is among the names linked with the job. Guus Hiddink, Roy Hodgson and Roberto Mancini are also in the frame. THE ASSOCIATED PRESS

IN BRIEF

New contract for Chiefs' lineman Duvernay-Tardif

The Kansas City Chiefs have rewarded Canadian offensive lineman Laurent Duvernay-Tardif with a new five-year contract.

The deal is reportedly worth US\$41.25million. The move ends Duvernay-Tardif's fouryear, \$2.35-million rookie deal, which still had a year remaining. It's been a meteoric rise for the 25-year-old native of Mont-St-Hilaire, Que. THE CANADIAN PRESS

Ibrahimovic keeps United guessing about his future

Ever the showman, Zlatan Ibrahimovic seems to be reveling in maintaining the suspense. Why accept a one-year contract extension from Manchester United now when you can sustain the ambiguity and add to the mystique?

"Let's see what happens," Ibrahimovic said after his two goals helped United win the League Cup Sunday. "I will stop on top. If I don't perform, I won't play," the Swede added. THE ASSOCIATED PRESS

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ASTROLOGER

Source: Argos to team up Popp, Trestman

Jim Popp and Marc Trestman are together again.

Two sources said Monday the Toronto Argonauts have agreements in principle for Popp and Trestman to become the CFL club's GM and head coach, respectively. Both Popp and Trestman will meet with reporters Tuesday morning.

Popp was photographed sitting with Larry Tanenbaum during the Toronto Maple Leafs' 5-4 win over the Winnipeg Jets on Feb. 21. Tanenbaum is chairman of Maple Leafs Sports And Entertainment, which owns the Leafs, but he is also the Argos co-owner. Argos spokesman Jamie Dykstra declined comment Monday. Popp did not immediately respond to a message from The Canadian Press.

Popp spent 21 seasons as the Montreal Alouettes general manager (1996-2016), leading the franchise to eight Grey Cup appearances, winning three. Two of those titles came with Trestman as the club's head coach (2009-10). Popp hired Trestman as Montreal's head coach in 2008. The move paid off immediately as Trestman led the Alouettes to a Grey Cup appearance in his first season, losing 22-14 to Calgary at Olympic Stadium. THE CANADIAN PRESS

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Hanks and Shel-

25. Frying need

29. "_ and the Detec-

cleaning brand CLR

31. Hollywood Walk

of Fame symbol

33. Velcro 'venue'

32. Pretends

ley Long

27. Groove

tives" (1964) 30. 'L' of household

28. Mafia

MAKE IT TONIGHT — —

Spicy Fish Tacos with Glazed **Sweet Potato**



Ceri Marsh & Laura Keogh For Metro Canada

Taco Tuesday just got an upgrade.

Ready in 40 minutes

Prep time: 15 minutes Cook time: 25 minutes Serves 4

Ingredients

- 4 6 Mahi-Mahi or Halibut fillets
- 1 tsp ground cumin
- 1/2 tsp ground chili powder
- •1/2 tsp ground oregano
- 1/2 tsp garlic powder
- 1/2 tsp ground cinnamon · 1/2 tsp salt
- · 1 small sweet potato, diced into
- 1/2 inch cubes
- · 2 tsp maple syrup · salt
- 1 tsp butter

Fixings:

- corn or whole wheat tortillas
- cole slaw
- 1 container of fresh salsa
- chopped fresh cilantro · sour cream
- guacomole

- Preheat oven to 425F and grease a large baking sheet. Combine the cumin, chili powder, oregano, garlic powder, cinnamon and salt in a small bowl and mix with a fork to combine. Sprinkle over fish and rub spice mix evenly across the fillets.
- 2. Place on prepared sheet and bake in the oven for 12 to 15 minutes, or until fish flakes with a fork.
- 3. Place mahi-mahi on a platter and pull fillets apart with a fork. Meanwhile, toss the sweet potato with the maple syrup and sprinkle with salt.
- 4. In a skillet over medium-low heat, add the butter and then sauté the sweet potato for about 10 minutes, or until potato is
- 5. Remove the sweet potato from the skillet, place it in a bowl, and set aside. Serve fish and sweet potato alongside other fixings.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. _ Tuesday (Day before Lent starts) 7. Parrot 11. Fergie's bandmate, _.de.ap 14. Garlic sauces 15. Tart 16. Mauna _ (Hawaiian volcano) 17. Dairy or wheat, to some eaters: 2 wds. 20. Desire Under the_(Eugene O'Neill play) 21. Clod 22. Lollobrigida and Gershon 23. Summer hrs. in Toronto 24. Jimmy 25. Photo 26. Hat part 28. Fireplace features 32. Invite on a date: 2 wds. 35. Canadian comedian Mr. James 36. Miss 37. Gregorian _ 38. Capture 39. _ donna 40. Singer Ms. Kelly 41. Keep the grass short 42. Keys-on-a-loop character in a Western 43. My world of me! 45. Isinglass 46. Slot machine feature

47. Showbiz job

48. Money exec

51. Bay, Nova

in a co.

Scotia

54. _ clear

55. Splinter

14 15 16 17 18 19 20 21 22 23 24 25 28 27 28 29 38 35 37 38 40 41 42 43 44 45 48 48 52 53 58 59 60 61 62 63 65 66

57. Bass, as per singing: 3 wds. 61. US tooth doc's org. 62. Sporting slingbacks or sandals 63. Decline, as an offer: 2 wds. 64. TV actress

Susan

65. Pilot's steerer 66. Synchronized on the dance floor: 2 wds.

DOWN

1. Secure 2. "__, _ friend!" (Greetings my longtime pal!) Boards

4. Historic French Canadian area of Winnipeg: 3 wds. 5. '__ for Verdun 6. Opposite of WNW

7. Composition 8. Salon creation 9. "Gilligan's Island" shelter 10. Beginning

34. Mr. Malden 35. Sore 38. 'Name' in Montreal 39. Ocean, e.g. 41. Particular parent 42. Zippy dance 44. Fancily attired 45. Grinding factory 47. Open space in a wooded area 49. Single-named singer 50. Timely way to deliver lines: 2 wds. 51. Delighted 52. Mineral deposit 53. "Fly _ Home" (1996)54. "Star Trek" episode, '_Time' 56. Johnny of movies 58. Howe'er 59. Prefix to 'centre' 60. Delivery vehicle 11. Comparable 12. Ms. Wilson of "La Femme Nikita' 13. _ into (Criticizes/attacks)

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 This is a lovely day because the Moon and Venus both are in Aries. Lucky you! You feel friendly toward everyone, which is why it will be easy to get along with others.

Taurus April 21 - May 21 You will welcome every char to enjoy solitude in beautiful surroundings today. You have an above-average need for privacy and some peace and quiet.

Gemini May 22 - June 21 This is a lovely day to schmooze with friends and members of groups because you feel very warm toward others. Enjoy hanging out with people who are creative and artistic.

Cancer June 22 - July 23 You look good in the eyes of bosses. parents and VIPs today. In fact, you look so good that some of you will strike up a flirtation with someone in a position of power.

Leo July 24 - Aug. 23 for pleasure today or do something different. Because your appreciation of beauty is heightened, visit museums, art galleries, beautiful buildings and parks.

Virgo Aug. 24 - Sept. 23 You can benefit from the wealth and resources of others today, which is why it's a good day if you need to borrow something.

Libra Sept. 24 - Oct. 23 Although you have to cooperate with others today, they will be receptive and cooperative with you. You will achieve a nice balance of give-andtake with close friends and partners.

Scorpio Oct. 24 - Nov. 22 Co-workers will be supportive today. In fact, you might get praise or even a raise. Who knows? (Fingers crossed.)

Sagittarius Nov. 23 - Dec. 21 This is a romantic day for you. Enjoy social outings, sports events, the arts and playful activities with children. Accept all invitations to party.

Capricorn Dec. 22 - Jan. 20 You might be enthused about redecorating your home today. Likewise, you will enjoy buying something beautiful for where you live. Family relations will be friendly.

Aquarius Jan. 21 - Feb. 19 This is a strong day for those who write, teach, act, sell or market, because your words are like gold today. All your communications with others will benefit you.

H Pisces

Feb. 20 - March 20 Look for ways to boost your income today, because they exist. If shopping, you will buy something beautiful for yourself or a loved one.

CONCEPTIS SUDOKU by Dave Green

itary honour: 2 wds.

24. "The Money __'

(1986) starring Tom

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18. Benchmark

19. Canada's highest mil-

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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